

Shootin' The Breeze

Just your monthly mail

Volume: 9

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November 2013

5th Grade Pumpkins!



No More Halloween for Me

By: Tristan Johnson

I remember when I used to go trick-or-treating. But why can't I go trick or treating this? I know I am a high school sophomore, so what. What's the big deal with high-schoolers going? I know in everybody's head they think high-schoolers just want to cause trouble.

They all think I might T-P their house. They expect me to go soap their windows. I surely not going to egg their houses. They just stereotype us like crazy. Not every teenager wants to be destructive. Some of us just REALLY LIKE HALLOWEEEN! I honestly just like dressing up a lot!

When I was in kindergarten, I made the best ninja turtle! And in 2nd grade, you should have seen me all blacked out when I was a ninja. In 3rd grade, I wanted to go as Michael Jordan, but my dad said I was too short. In 4th grade, I wanted to be a lifeguard, but I didn't want to do mouth-to-mouth and get cooties. In 5th grade I wanted to be a bird but I was afraid of heights so I went as a penguin.

Then in 6th grade... BOOM! No more Halloween for me.

(Continued on pg. 2)



(One more Picture on Page 2)

In fifth grade, the students decorated pumpkins. Eli Cooper brought the pumpkins for everyone. Once everyone got their pumpkins, they decided to all decorate their pumpkins to decorate their homes with. There was anything from a cute pig pumpkin, to a scary Dracula pumpkin. They sat out on a table in the school hall for a few days to decorate our school. They then took them home to decorate their own homes for Halloween.

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No More Halloween

(continued from pg. 1)

Suddenly I am now an old person that is expected to ruin Halloween. But really... all I want is some candy! I'm not going to hide in the road ditches and jump out at the little kids just to get their candy! (Even though they have more than enough candy for two months!)

I honestly want to go to people's houses and trick or treat! In kindergarten Halloween is the only time of the year when you can go up to someone's house at night and knock on their doors without creeping them out.

I enjoy going to the door to ask how they have been. At one door I even asked why I haven't seen them at church lately. At still another home, I knew the person had been sick and this was my chance to ask if they are feeling better.

It isn't all about the candy, it's about seeing people you normally don't get to see every day. It is a special occasion for us all. This is Tristan, and I'll see you out there on Halloween night. Keep your eye out for a 6 foot tall power ranger who is not look looking for the candy, but who just wants to say hi. If you give me candy to get me to leave, that is up to you. Happy Halloween. (Article will appear in the Custer County Chief)



They Are NOT Brats

By: Liz Brown, Special Education Teacher

As I live and teach in the community of Arnold I hear these disturbing words repeatedly, "That child is a brat or what he really needs is a good spanking like my parents gave to me when I was their age." Yes, 20 years ago, when I started teaching, I thought and felt the same ways. These comments may have been acceptable or appropriate years ago, but now I even have a better understanding of why ASD students or adults have these "meltdowns" or as what you know as "tantrums" or "throwing a fit" occur.

So, mom decides today that she has errands to do after school, when she picks the student up the student has already had a stressful day as some scheduling changes occurred at school also. She originally told the child they could go get a treat after school. What you don't realize is that child had already put that stop in his/her schedule for the day when that schedule changes you will see a "meltdown". Remember, the smells, amount of people, touches, and all sounds will cause anxiety because they can't filter out the sounds or smells and the noises so this causes anxiety. So by the time you see them they are yelling, hitting their parents, maybe laying on the floor and you perceive this as being a brat.

What makes it difficult as professionals is that there isn't any blood test or medical test to diagnose their disorder so the next time someone is having a difficult time with social skills just realize they are dealing with issues we can't even understand.

As my program progresses throughout the year, I hope to bring awareness to the community since I feel very passionate about people with disabilities.

Note: In the October issue, Ms. Liz Brown was highlighted for her acceptance into the _____ Autism Program. Each month she will share a bit of information to help the community learn about Autism and Aspergers syndrome.

From the Principal’s Desk



By: Dawn Lewis, Principal

Happy Fall, everyone! I hope you have an enjoyable Halloween, which is a favorite in the Lewis household!

INCENTIVE PARTY

Many students in MS and HS have earned the right to attend an incentive party. The MS parties are based on responsibility, and the HS parties are earned based on grades, attendance, promptness, and responsibility. The MS students had a great scavenger hunt planned by parents, which was “SUPER” fun according to the students. HS students watched a horror film at the Rialto, kind of a Halloween Incentive combo!

TESTING OPPORTUNITIES

First Quarter is over. Students in grades 10-12 might be interested in taking the ACT assessment soon, which is required for all 4-year colleges. It may seem early, but most students take the test more than once, so to get the highest possible score.

Terra Nova tests have been given in Grades 3-11. This is our required norm-

referenced test, which means it measures our students against students of similar educational level from across the nation. This information is part of our State of the Schools report card, which can be found on the Nebraska Department of Education website.

CONGRATULATIONS ATHLETES

Congratulations to our student athletes and varsity coaches, who are just wrapping up Volleyball and Football. They will get a much needed and deserved break for a week or so, and then winter sports of Wrestling, Boys Basketball, and Girls Basketball will begin. The Junior High

athletes and coaches should also be congratulated for having excellent seasons, as well. The girls had a great Volleyball season, and the boys were undefeated in Football.

FOCUS ON SCHOOL WORK

It is also time to refocus on school-work. If your child struggled in the first quarter, all is not lost. A strong academic performance during the second quarter can help your student overcome low first quarter grades. The semester grade is a combination of both quarters, and that is the only score that is reflected on a transcript.



Superintendent..Pat Osmond
Principal.....Dawn Lewis
Editors-in-Chief.....
Nicole Badgley and Julie Mohr
Reporters.....TristanJohnson
Eamon Schwarz
Photographers..Annual Staff

The opinions and ideas expressed in the articles are solely those of the reporters. The articles don’t necessarily reflect the opinions and ideas of Arnold Public Schools. Each article is edited by both students and their teachers prior to publication. Mistakes may appear, as students are learning. With this being a student created newsletter, mistakes

become teachable moments. No advertising, other than school sponsored activities, may appear. Opinion pieces, future news items, comments, and suggestions may be submitted to nbadgley@esu10.org.

The newsletter is sent to all families and boxholders of District 89. If you, or someone you know, would like to receive the newsletter, please contact the school office at 308-848-2226 to add your name to the mailing list. You may also download the newsletter from the school website: <http://blog.arnold.k12.ne.us>

The 48-Hour Day

By Eamon Schwarz, Arnold Senior
Everyone I talk to says that I will miss being in high school, and these are the days that I will enjoy the most. Well, I’ll probably miss the sports part of high school, or not having to pay all those nice bills. But for the most part, I don’t think I’ll miss being here. What they don’t realize is that being here means our weekdays as high schoolers seem to last forty-eight hours instead of just 24. But then, the weekends seem to last only minutes.

School might not seem like a lot of work to some, but it really is. We have to come to school prepared to sit and learn all day. Plus I have to psych myself up to listen to all the teenage drama that comes along with it.

I begin many Monday mornings with a 6:30 a.m. wake up call. I wake up mad and I mope my way out the door for play practice, only to find that half of the cast is not on time either. I struggle to learn my lines, remember when to move on the stage, and when to be careful not to fall off the stage. I jam a breakfast sandwich in my mouth as I am running down the hall to first period. I only manage to get half of it in my stomach in the flurry of books and assignments.

It seems like the days that take the longest are Mondays. Mondays are so bad because one, it means that the weekend is over, and two, it means that we have to sit in class and listen to all the kids try to top each other’s story about what they did on the weekend. This often takes all of the class period to hear the pointless arguments of

who had more fun. Geez, we even are talking about what we are planning to do on the weekend when it’s just Monday.

Then I sit in school for another 7 hours. I have 20 pages of history homework to fill out. I have a 10 page paper due in English, and I have 4 projects in the works in shop class that need to be done by tomorrow (just ask Mr. Mohr).

I thought I would love being a student aid for the PE teacher. What I didn’t know was that they hated jump rope day so they just kick and scream the entire time. And then there’s my journalism teacher... man does she want a lot (this is an example of all the extra work she makes me do. Wink. Wink).

The science teacher is really great, even without his eyebrows. (Don’t ask there was a problem in the lab this week, and it might have been my fault.) Needless to say, we have to do that lab experiment over without the flames.

The math teacher was griping about the 100 problems he assigned and I only had 75% of them done. I guess he should have thought about that when he kept us late to run after football practice. (Not everyone showed up to weights practice on the mornings we don’t have one act.)

Then on top of that I get to go to sports practice for an extra two hours every night. Did I mention my uncle is the football coach, not always easy territory to navigate... there are NO perks to this.

Hold on, my day’s not finished yet. If

it’s Wednesday, I have youth group. If it is any other day, my mom has a nice long list of chores for me to do. God saves me on Wednesdays.

After my sports practice I get home at 7:30, cook something to eat, then try to find enough will, deep, deep down, to start on homework that will take until 10. Did you know that math problems don’t seem as easy as they did during class? Did you know that conjugating Spanish verbs take longer at home? Did you know that some English stories are REALLY boring; however, if you do English last, it is a nice way to put yourself to sleep.

And then if I am lucky enough to fall right sleep, I am just to be able to wake up in a few hours and do it all over again.

But don’t get me wrong, high school can be a very exciting time because you turn sixteen and you are able to drive around with your friends. We also get to feel like a real adult when we turn eighteen. I think the reason that stuff is so exciting for us is because it’s the first time we get a little taste of what its like to be all grown up.

(Article also published in the Custer County Chief)





Libbie's Story

A Chautauqua-style program about Elizabeth Bacon Custer, the wife of Gen. George Armstrong Custer. As "Libbie," Matkin introduces her audiences to the Civil War, the 7th Cavalry, the Kansas Plains, the Little Bighorn and her husband and Golden Cavalier, General Custer. Based on historical fact, it is a personal account of the Custers from the first furtive glances of romance to Libbie's last remembrances as widow, author and lecturer.

Monday, November 18th @ 10:00 AM

Libbie's Story presentation will be at Arnold Public School in the Gym.

Storytelling Workshop at Finch Memorial Library at 4:00 PM

Storytelling Workshop: Hands on program designed teach participants the lost art of storytelling. It also conveys an interesting way to approach family memories, history, and folklore. *They are designed for both children and adults.*

The program is a joint venture between Arnold School Library and the Finch Memorial Library and made possible through a grant from Humanities Nebraska.



For more information, contact:

Arnold School Library
Debby Moninger
(308) 848-2226

Finch Memorial Library
Darlene Rimpley
(308) 848-2219

Theater, Music & Improv

By: Tristan Johnson, Sophomore
Several Arnold students enjoyed an exciting performance of Grease as well as attending theater workshops at "Backstage with the Crane River Theater Company of Kearney, Nebraska."

One of the most popular musicals of all time, Grease had its Broadway premiere in 1972 and has triumphed throughout the world. In 1979 Grease took over the record as the longest-running show in the history of Broadway and the hit film starring John Travolta and Olivia Newton-John proved to be the highest-grossing movie musical ever.

Jennifer Barraza, Jasmine Nelson, Ashton Weinman, Savanah Weinman, Bobbi Barnes, Claire Beshaler, and Grace Magill jumped at the chance to join other high school drama teams from central Nebraska for the event on August 2nd and 3rd.

As Arnold cast and crew last year can agree, Grease was one of the movies we viewed to research "Bard High: A totally-teen version of Much Ado About Nothing." Since students were familiar with the hit film, the initial play version really emphasized the difference between movie and theater conventions.

The learning did not stop there though. Backstage with Crane River Theater is a new educational opportunity created to provide opportunities for high school students across the state to receive a backstage look at a professional production and take part in a series of theatrical workshops.

The weekend started with a meet and greet between the participating high school students, Grease performers, and directors Steve Barth and Brian Botsford.

One of the highlights of the meet and greet included company members sharing their introductory auditions as we take a look inside the casting process of Crane River Theater.

Bobbi, Claire, and Grace were particularly impressed with the vocal talents of the cast members and the fact that "actors and actresses auditioned for hundreds of directors simultaneously without knowing a specific play to study." Their favorite audition was Emily Jenson, who played Cha-Cha Digregorio. She contrasted an emotional monologue with a fantastic version of a song that showed her vocal range.

After the performance, students the Post Show Party catered by Old Chicago with the Cast and Crew. The freshmen relished meeting Anthony Norman (Doody).

Saturday's workshops truly focused on every aspect of theater. Actors, directors, set designers, choreographers, and educators led the various workshop sessions. Our attendees' favorite sessions included: Character Building, Props Made Simple, and Improv. Comedy.

Mrs. Moninger also attended workshops as the sponsor and feels that "future cast members will be thrilled with the techniques I learned

in 'Stage Combat.' Stone Phillips really took one for the team last year as Racheal Smith really walloped him a few times during their argument scene. Future scenes will be much more dramatic while stinging a lot less."

The workshops were invaluable experiences for any student with an interest in the arts; however, students received an extra surprise when they learned the event would be funded thanks to a grant from the Nebraska Arts Council.

Since we didn't learn about the backstage opportunity until the end of the school year, there was not time for traditional fundraisers. Students paid a deposit to register for the theater training, but it was a nice surprise when the grant was approved.

The Crane River Theater Company plans to organize another Backstage Workshop featuring different sessions including technical training, acting, musical theater, dance, and video production. The 2014 feature performance will be Footloose, a production that celebrates the wisdom of listening to young people, guiding them with a warm heart and an open mind.



Freshmen Ag Field Trip

By: Eamon Schwarz, Senior

The science teacher Mr. Swingle took the freshman class on a field trip Wednesday September 25th.

They traveled to North Platte to the research center to learn about numerous things that dealt with the agriculture.

Also the instructors shared information with them about Agriculture colleges and jobs in Nebraska.

The freshman listened to speakers that came to educate them on Ag activities such as: the most useful medicines for horses, and the best grasses for animals.

Then once they got done listening, they were rewarded by being able to actually test what they learned with labs set up by the research center.

The labs consisted of anything from studying the reproductive tracts of cows, to testing steaks and learning what makes the best one.

Ashley Beal said that the most interesting part to her was when they allowed the students to examine one of the cows as an example. The students were able to identify the different parts of the cow and what their function is.

Teammates Looking for Mentors

By: Tristan Johnson, Sophomore

The teammates mentoring program has started again this year at school.

For a refresher, here are the four core values of teammates, according to www.teammates.org.

Commitment to youth: We are committed to serving youth with compassion and respect.

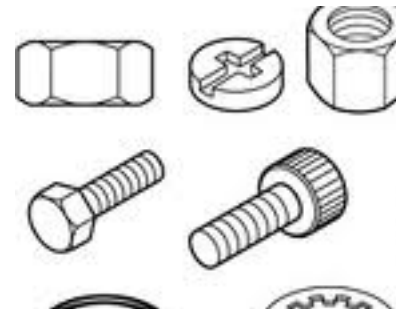
Safety: The safety and protection of the mentee and mentor is first priority.

Integrity and Trust: We are committed to integrity and trust in all relationships.

Inclusion: We are committed to the inclusion of mentees and mentors from diverse backgrounds.

Founded in 1991 in an effort to provide support and encouragement to school aged youth, Teammates has been growing steadily. In this program, a mentor spends one hour over lunch one day per week with a student and encourages them.

We have 28 kids registered and still need more mentors! If you are over 18 and interested, talk to Mrs. Lewis or Leron Bierman!



DONATIONS WANTED

- clean nuts, bolts, wing nuts, washers, etc. of various sizes for students to put together.
- clean legos of any size and color

LEGO

The resource department would appreciate any donations any can give of these items. They are making activities that work on fine and gross motor skills, sensory activities, sorting skills, and life and job skill activities. Please send them to the school. Contact Liz Brown for more information, lbrown@esu10.org.

Fire Safety Day



(From Left) Anna Tullis, Ethan Furne, Ivy Tullis, Jamie Tickle, and Riata Redmund learn about fire safety.



Joe Bob Atkins help Shayla Tickle try on a fireman's gear.

Parents:

Cold and Flu season will soon be upon us in full force. Just as a reminder, any-time a child requires medication at school, either prescription or non-prescription, the parents must bring the medication to the school office and fill out the “Permission to Administer Medication” form. Parents may also choose to come to school at the appropriate time and administer medications themselves without having to complete this form.

Thank you!

Dawn Lewis,
K-12 Principal



Guess The Score Winners

Week 5:

Nebraska vs. Illinois

The final score was Nebraska 39 and Illinois 19.

The closest guess was Tayten Eggleston who guessed Nebraska at 35 and Illinois at 17.

Grace Magill was the second closest guess.

Week 6:

Nebraska vs. Purdue

The final score was Nebraska 44 and Purdue 7.

The closest guess was Tayten Eggleston who guessed Nebraska at 49 and Purdue at 10.

Blake Brown was the second closest guess.

RYLA SERVICE PROJECT



Grace Magill and Claire Beshaler doing their RYLA (Rural Youth Leadership Award) service project on September 17th. They were painting the docks at the state park. Clarie and Grace said that Rotary suggested the service project as a short project, but their main service project they will be helping with is the coming teen center downtown. Rotary bought the supplies and their work and time were their service.

School House Graphic Products

is looking for a Windows XP computer and/or monitor.

If anyone is willing to donate either or both, please

contact Julie Mohr at the school.

308-848-2226 or jmohr@esu10.org

Teachers Get Techy

1. What is one thing you learned at the tech conference that you want to bring back to the school to do with the students?

Mrs. Moninger: I learned a lot about using google chrome and the extensions that can be used. One of my favorite extensions is the digi one where you can capture an image on a website and actually annotate it as you read the article. I can see a lot of use for that extension in research projects and speech.

Mrs. Moninger: I also liked the QR code generator and will use it to add trailers to new books for students to decide whether or not a book sounds appealing. Here is an example that should lead you to the movie trailer for the new Percy Jackson movie.



2. What is one thing that you learned to help you as a teacher/administrator?

Mrs. Moninger: I attended a session

of effective use of social media in the classroom and school as a whole.

There are still a few items that I would like to consider, but I am moving more towards incorporating social media as a communication tool with parents. If APS decides to create a school website, I definitely know that I want to include weekly lesson plans, study tips, and monthly updates on interesting projects.

Mrs. Lewis: I learned how other schools are using technology for part of their professional development with their staff, and some new ways to incorporate the use of Google Drive and shared documents.

Fourth Grade Writers Ranked #4 in Nebraska

Last February, students in grades 4, 8, and 11 took the NeSA Writing Assessment, as they do each year. Teachers in Grades K-12 have been carefully adjusting their methods of teaching writing over the past couple years to prepare for the additional rigor the state has applied to the scoring of these exams.

Well, the adjustments paid off, once again! Arnold Public Schools Fourth Grade class, taught by Mrs. Crow, was ranked as having the 4th highest scores in Nebraska, out of 249 schools. Most notably, two of the students in the class earned a PERFECT score, which is

Bleachers Update

By: Eamon Schwarz

Sandy Hicks and a number of other volunteers helped paint the grandstands, clean up, and trim trees around the football field. They started in the morning and it took them most of the day to finish up their tasks. The team painted over the bleachers with another red just to help cover up the rust so it looked better for the football games. Clay Mohr also helped at the same time with his tractor leveling out the dirt. Once the crew got done painting the bleachers they went around and picked up all the little branches that were laying around and they also trimmed the trees so cars were able to pass by the grand stands safely without driving near branches. The crew also went around the town that day and did multiple other volunteer works.

extremely rare. Teachers have been utilizing the Six Traits/Write Tools model of instruction. Workshops at ESU10 in Kearney have been attended by many staff members, and a Six Traits on-site training was held to make sure all teachers get the valuable training. The unique method teaches students to write by color coding different parts of text to ensure writing is complete. The assessments are scored in 4 different areas: Ideas/Content, Organization, Voice/Word Choice, and Sentence Fluency/Conventions (Grammar).

OPERATION CHIRSTMAS CHILD

JOIN THE PACK!

OPERATION CHRISTMAS CHILD IS COMING TO ARNOLD!

SINCE 1993, OPERATION CHRISTMAS CHILD HAS DELIVERED 100 MILLION GIFT-FILLED SHOE BOXES TO NEEDY CHILDREN ACROSS THE GLOBE!

ON MONDAY, NOVEMBER 18, WE WILL BE HAVING A “PACKING PARTY” AT Arnold Public Schools. ANY STUDENT WHO WANTS TO PACK A BOX WILL HAVE THE OPPORTUNITY TO DO SO. WE ARE HOPING TO PACK 300 BOXES TOTAL!

WHAT DO WE PACK THE BOXES WITH? YOU MAY CHOOSE TO SEND A DONATION OF ONE OR MORE OF THE FOLLOWING NEW ITEMS TO SCHOOL BEFORE NOV 11:

- **SCHOOL SUPPLIES**
 - **CRAYONS, PENCILS, ERASERS, MARKERS, PAPER, SMALL SOLAR CALCULATORS, COLORING BOOKS, ETC.**
- **HYGIENE ITEMS**
 - **TOOTHBRUSHES, TOOTHPASTE, BAR SOAP, HAIR COMBS, WASHCLOTHES, ETC.**
- **TOYS**
 - **ANYTHING SMALL AND EASILY EMBRACEABLE BY YOUNG CHILDREN (SMALL STUFFED ANIMALS, TOY CARS, YOYOS, JUMP ROPES, HARMONICAS, ETC.).**

(ITEMS WILL BE PACKED SPECIFICALLY FOR THE FOLLOWING AGE GROUPS: 2-4 YEARS, 5-9 YEARS, OR 10-14 YEARS.)

EACH BOX COSTS \$7 TO SHIP, SO IF YOU WOULD LIKE TO SEND A SMALL CASH DONATION, IT WOULD ASSIST IN SHIPPING A BOX AFTER PACKING.

IF YOUR FAMILY CHOOSES NOT TO DONATE ITEMS, YOUR CHILD WILL STILL GET THE OPPORTUNITY TO PACK A BOX!

The **ACT**®

Imagine a world of possibilities. Take the ACT.®

Based on actual high school curriculum

Accepted by all four-year colleges and universities in the US

Access to free and affordable test preparation materials

Writing Test is optional

2013|2014 ACT test dates

Test Date	Registration Deadline**	Late Registration Period** (Late Fee Required)	Photo Upload Deadline
September 21, 2013	August 23	August 24–Sept. 6	September 13
October 26, 2013	September 27	Sept. 28–Oct. 11	October 18
December 14, 2013	November 8	November 9–22	December 6
February 8, 2014*	January 10	January 11–24	January 31
April 12, 2014	March 7	March 8–21	April 4
June 14, 2014	May 9	May 10–23	June 6

* No test centers are scheduled in New York for the February test date.

** If you miss the regular deadline, you can register during the late period but must pay the additional nonrefundable late fee. Note that all materials sent by mail must be RECEIVED by the last date of the late period, regardless of when they are postmarked.

TEST FEES

ACT No Writing \$36.50

ACT Plus Writing \$52.50

Check our website to see if the colleges you are considering require or recommend the ACT Writing Test.

If you cannot afford the test fee, ask your counselor if you are eligible for a fee waiver.

If you miss the late registration deadline for a test date, you can still try to test standby.

Sign up today.

www.actstudent.org/start



What is Nebraska's Children's Health Insurance Program (CHIP)? / ¿Qué es CHIP

CHIP is health care coverage for qualified children who are without other health insurance and who do not qualify for Medicaid. Federally called the Children's Health Insurance Program (CHIP), it provides the same services covered under Medicaid.

El programa CHIP es la cobertura de cuidado médico para los niños que califiquen y que no tengan ningún otro tipo de seguro médico ni sean elegibles para recibir Medicaid. Conocido al nivel federal como el Programa de Seguro Médico para Menores (CHIP), este programa proporciona los mismos servicios cubiertos bajo Medicaid.

What does CHIP cover? / ¿Qué servicios cubre el programa a CHIP?

CHIP provides well care for your child in helping prevent diseases, finding and treating problems early, and maintaining good health and development.

CHIP proporciona cuidado para el bienestar de su hijo(a) al prevenir enfermedades, encontrar y tratar los problemas de manera oportuna, y mantener la buena salud y el desarrollo.

Regular check-ups include:

- Baby check-ups and baby immunizations
- Yearly check-ups for school-age children
- Immunization for school-age children
- Vision and hearing testing
- Dental check-ups and dental sealants

Los chequeos generales incluyen:

- Chequeos y vacunas para bebés
- Chequeos anuales para menores de edad escolar
- Vacunas para menores de edad escolar
- Exámenes oculares y de oído
- Chequeos y selladores dentales

CHIP also provides medical care for injuries and illnesses.

Treatment includes:

- Doctor's visits • Medications • Hospital care
- Lab tests/x rays • Dental treatments • Eyeglasses
- Counseling
- Specialty services for children with disabilities or chronic health conditions
- Mental health and substance abuse assessment and treatment services

CHIP también proporciona cuidado médico para lesiones y enfermedades.

El tratamiento incluye:

- Citas médicas • Medicamentos • Cuidado hospitalario
- Exámenes de laboratorio/rayos x • Tratamientos dentales • Anteojos
- Consejería
- Servicios especializados para niños con discapacidades o condiciones de salud crónicas
- Servicios de evaluación y tratamiento para la salud mental y el abuso de sustancias ilícitas

TSU 7/13

MILTC-85-ES (24345) 7/13

Does your child need health coverage? ¿Necesita su hijo(a) cobertura médica?

Call: Toll free/Línea gratuita: 1-800-383-4278

Effective: 10-1-13 Call: 1-855-632-7633

<http://www.ACCESSNebraska.ne.gov>

Department of Health & Human Services



Health Care Coverage for Nebraska Children
Cobertura para el cuidado médico de los niños de Nebraska

Lunch Discussion Continues

Wyatt Eggleston continued his quest to help out fellow students by surveying all of the high school students. Here are the results:

1. When you go off campus, do you have your mind made up before lunch hour?

78% said yes 22% said no

2. If the school started a lunch count at the beginning of each day, would you be able to tell the school if you were planning on eating there?

63% said yes 37% said no

3. Does the amount of food the cooks give you impact your decision to leave campus after you eat?

52% said yes 48% said no

4. If you knew there would be an opportunity for “seconds” everyday, once everyone got through the line, would you wait for seconds?

59% said yes 41% said no

By: Wyatt Eggleston, Senior

After taking this survey, I found out that most of the kids knew if they were eating at school before they got to school in the morning. With this evidence, I propose that the school starts a count of the kids that are planning on eating there that day. As the teachers take roll call, they would ask who is eating there or not.

To solve a second problem, they should also put into the lunch count whether the kids are going to want seconds. This will help the cooks to prepare an amount of food that will be closer to what the kids will eat. This will make sure that the kids get what they want to eat, without a bunch of left over food.

Teammates Update

By Tristand Johnson, sophomore

The teammates mentoring program has started again this year at school. For a refresher, here are the four core values of teammates, according to www.teammates.org. Commitment to youth: We are committed to serving youth with compassion and respect. Safety: The safety and protection of the mentee and mentor is first priority. Integrity and Trust: We are committed to integrity and trust in all relationships. Inclusion: We are committed to the inclusion of mentees and mentors from diverse backgrounds.

Founded in 1991 in an effort to provide support and encouragement to school aged youth, Teammates has been growing steadily. In this program, a mentor spends one hour over lunch one day per week with a student and encourages them.

We have 28 kids registered and still need more mentors! If you are over 18 and interested, talk to Mrs. Lewis or Leron Bierman!

Sarcophagus? In the Building? Why?



As a reward for all the students in the elementary, middle and high school, Mrs. Lewis dressed up as a “Sarcophagus.” The students were happy to see her coming into their classrooms in her gold makeup and fancy costume. That is how they knew that they had reached their accelerated reading goal set by librarian Debby Moninger.



Kindergarteners who were a little leary of the strange looking visitor were: Josiah Coleman, Brook Bierman, Luke Tullis, the Sarcophagus, Eli Hunt, Hayden Myers, and Paxton Bierman.



4th Grade Front row: Ashton Schweitzer, Colbi Smith, and Jake Halstead. Back row: Jadeyn Hanna-Miles, Shayla Tickle, Faith Bierman, the Sarcophagus, Reagan Cool, Carley Gracey, and Stella Lewis.



1st Grade Left to right: Will Moninger, Ivy Tullis, Jamie Tickle, Ethan Furne, Stokely Lewisn, the Sarcophagus, Taylor Hanna-Miles, Riata Remund, Anna Tullis, Aubree Stutzman, and Ella Cool.



2nd Grade Front Row: Grace Bierman, Macy Atkins, Elizabeth Fetty, Arena Fetty, Alivia Kniffen. Second row: Tahnna Nokes, Bryn Schwarz, Charli Vickers. Stand back row: Rio Remund, Brenden Streit, Isaac Tickle, the Sarcophagus, Cache Gracey, Trey Connell, and Alex Hoyt.



3rd Grade Left to right: Chester Oberg, Zander Schweitzer, the Sarcophagus, Devin Peterson, Silas Cool and Tyler McFadden.





Luckily for us, Mr. Swingle (the creator of this activity) came out during his lunch break to see how things were going, and took our group photo.



Looking for cache “Gate” before breaking into their teams to find six caches hidden at the Arnold Park.



“This is team Alpha and we found ‘Stumpy’ “



“We’re finding a cache by the WOODS!”



Team Delta checks coordinates.



Foxtrot takes a photo op near a beautiful red vine.

Taking the Classroom Outdoors

By: Berni Crow and her 4th Grade Class

Reading, Math, Science, and Social Studies are all subjects touched on in our geocaching unit. “Geocaching is so much fun that we don’t even realize we’re learning,” said one 4th grade student. Geocaching is a world-wide treasure hunt requiring a GPS receiver, the internet, and a burning desire to explore the outdoors by walking. Arnold 4th graders walked 4-5 miles on Wednesday afternoon to find 6 caches hidden at the Arnold Park. They had spent several recesses practicing finding caches and solving math problems to get the coordinates needed to program their GPS. Five teams chose a team name using words from the military alphabet.

Students also learned about travel bugs, and chose a travel bug dubbed “Trickle” to send out on a world-wide adventure. He will start his journey from Mrs. Crow’s cache called, Devil’s Den. Past 4th grade classes have sent out TB’s named Ferdinand, H2O, Lizzy, South Loup Bobcat, Arnie, Bandit, and Bubbles. A South Loup Bobcat has traveled 31,396 miles to Western Cape, South Africa, and is presently touring England.

H2O is presently in Bayern, Germany, after visiting several states including Hawaii. H2O, affectionately named after our classroom hamster, has traveled 51,981 miles. It’s interesting to read the internet logs posted by the geocachers who have helped these TB’s move from cache to cache.



Above: “What a view for working on coordinates!”



Left: Yeah! We just found ‘Watts’!”

Right: “Ok, let’s check our coordinates with Mrs. Crow.”



“Look Out! We’re on our way!”



“Can’t we go fishin’?”



What is Special Education?

By: Randy Butcher, Counselor

Special education provides support for the regular education curriculum. It is not a specialized service separate from the regular curriculum. Special education is support for students that qualify to assure that they have the opportunity that should be available to everyone including anyone with disabilities.

Years ago, some students with disabilities may have been excluded from public schools and students who were not able to achieve as well were likely to drop out of school. The necessity of special education came about based on the need for full equality of opportunity for students with disabilities.

We have come a long way from the EAHCA (Education for All Handicapped Children Act) of 1975 to the IDEA (Individuals with Disabilities Education Act) of today. More recently, NCLB (No Child Left Behind) has enhanced and improved student learning by providing legislation with the expectation that each and every student should be provided an education that will enhance their skills and help them progress educationally. Within this legislation it is evident that all students need equal opportunity to have access and exposure to regular education in order to progress educationally.

The purpose of special education has always been to provide a service to meet the unique needs of the student

with a free appropriate public education (FAPE), and to provide parents with rights to insure that the child has an appropriate education.

One of the main concepts of special education that stands out is the students right to access the regular school curriculum. Every student should be allowed access to the regular education curriculum and the opportunity to participate in regular education with supports and aids and services to help them to work at their level of performance and work toward a higher level.

Every child with a disability that qualifies for special education services has a right to have an IEP (Individual Education Program) to meet their unique educational needs. This IEP plan allows the student the opportunity to be successful. The concept of students showing progress and success is the main concept in calculating the IEP.

Access to all parts of the educational environment may require some specialized services for some students, however, it does not separate or exclude students from being involved in all aspects of the regular environment.

Overall, special education is a source of support and an avenue to providing services to meet a student's needs so that they can be included and function effectively within the everyday environment of the school.

10 Things You Didn't Know About Halloween

- The largest pumpkin ever grown was 826 lbs.
- Nearly \$1.9 billion dollars worth of candy is sold during Halloween
- About 90 million pounds of candy is sold during Halloween
- A witch is the most popular costume worn on Halloween
- 1.1 billion pounds of pumpkins are grown for Halloween
- Jack O' Lanterns were originally made from turnips
- In Alabama its illegal to dress up as a priest
- 20 million pounds of candy corn is purchased
- The number one candy is Snickers
- The biggest pumpkin pie ever was 20 feet in diameter and weighed 3,699 pounds





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Mystery Picture

Mrs. Badgley doesn't even know what this is... she is still trying to figure it out...

The mystery pic from the October issue was the dial on top of a globe that helps you figure out what time it is in other time zones.