

Arnold -Breakfast and Lunch Menus

# August 2019

**Menu Is Subject To Change \*\* This institution is an equal opportunity provider."**



Breakfast includes: Orange Juice, Milk, Water, Yogurt, Fruit, and Cheese Stick everyday.

**Breakfast:** K-12 \$1.50

Adults: \$1.75

**Grab and Go:** \$0.45-0.65

**Lunch:** K-5 \$2.60, 6-12 \$2.85, Adults \$3.85

**Ala Carte Choices** by Students: \$0.70-\$2.20



Lunch includes: Vegetable, Fruit, Salad Bar, Water and Milk everyday.

Monday	Tuesday	Wednesday	Thursday	Friday
			1	2
5	6	7	8	9
12 No School Teacher's First Day	13 B:Cereal, Toast  L: Hot Dog on a Bun, Baked Beans	14 B: French Toast, Sausage Patty  L: Pulled Pork on a Bun, Peas	15 B: Breakfast Boat  L: Chicken, T-Roll, Mashed Potatoes	16 B: Egg and Cheese Omelet, Toast  L: Taco, Refried Beans, Chips and Salsa
19 B: Eggs, Sausage, Toast  L: Hamburger on a Bun, French Fries	20 B:Cereal , Toast  L: Spaghetti, Breadstick, Vegetable	21 B: Sausage Meatball, Toast  L: Chicken Patty on a Bun, Green Beans	22 B: Yogurt, Toast  L: Burrito, Chips and Salsa	23 B: Cereal, Toast  L: Pizza, Garlic Bread
26 B: Cereal Toast  L: Corndog, Tritater	27 B: Sausage, Eggs  L: Goulash, T-Roll	28 B: French Toast, Cereal  L: Creamed Chicken on a Biscuit, Jello	29 B: Biscuits and Gravy  L: Ham, Scalloped Potatoes, T-Roll	30 B: Donut, Yogurt  L: Sandwhich

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Monday	Tuesday	Wednesday	Thursday	Friday
2 NO SCHOOL LABOR DAY	3 B: Cereal, Toast  L: Sloppy Joe on a Bun, French Fries	4 B: Sausage Meatball Gravy and Toast  L: Chicken Strips, Mashed Potatoes, T-Roll	5 B: Pancake, Egg and Cheese Omelet  L: Pizza, Garlic Bread	6 B: Oatmeal, Poptart  L: Chicken Patty on a Bun
9 B: Cereal, Toast L: Hot Dog on a Bun, Chips, Salsa/cheese	10 B: Combo Bar, Toast  L: Chicken Nuggets, Macaroni and Cheese	11 B: Breakfast Pizza, Toast  L: Redi Rib on a Bun, French Fries	12 B: Egg and Cheese Omelet, Toast  L: Beef and Noodles, T-Roll	13 B: Cereal, Toast  L: Breaded Pork Patty, Mashed Potatoes, T-Roll
16 B: Waffles, Sausage  L: Pizza, Garlic Bread	17 B: Oatmeal, Toast  L: Chicken Pot Pie, T-Roll	18 B: Breakfast Muffin, String Cheese, Toast  L: Salisbury Beef, Mashed Potatoes, T-Roll	19 1:30 Dismiss B: Poptart, Yogurt  L: Chicken Quesadilla, Chips, Salsa/Cheese	20  No School  P-T Conferences
23 B: Cereal, Toast  L: Hamburger on a Bun, Baked Beans	24 B: Breakfast Taco  L: Super Nachos, Cinnamon Roll	25 B: Cinnamon Roll  L: Spaghetti, Breadsticks	26 B: Breakfast Burrito  L: Chicken Fajitas	27 B: Pancake on a Stick  L: Cook's Choice
30 B: Long John  L: Sandwhich				