

One Medals, Five Qualify

By: Kylee Lehmkuhler, AHS
Freshman

OMAHA – Five South Loup wrestlers headed to Omaha on Thursday, February 15, for the last tournament of the year - two wrestlers calling it the last meet of their career.

“I was very proud of the boys. There was a lot of close matches, and many times in the matches that we had them on their backs but couldn’t get the pin. It’s always great competition down there,” commented Jim Johnson.

Out of those five, SLB had one medal winner – Tayten Eggleston. Being a three-time qualifier, Eggleston headed to Omaha with high hopes. He wrestled well on Thursday, winning both of his matches, but during the heartbreaks on Friday night, he didn’t quite get the win. Eggleston then headed into semi-consolations, which were held Saturday morning. He had a tough match, and had trouble pulling out the win. During the 5th and 6th round, Eggleston wrestled hard, but fell short near the end. He ended his season 29-9, with a 6th place state championship medal.

Senior Marshall Still traveled to state - looking to send his high school career out with a bang. Still wrestled hard on Thursday getting one win and one loss, and he knew



he had to get just two more wins on Friday to place. Friday afternoon, Still got the first of his two wins, and was excited to get another. During the heartbreak rounds, Still had to wrestle a hard match, but he lost. It was an emotional loss to a successful season. His record for the season was 18-9.

Another Senior, Dalton Donegan was excited to show the South Loup River Valley what he was made of. This year was Donegan’s first time qualifying for state, and he wanted to make it count. However, Donegan could not pull out the two wins needed to move on to Friday night. Donegan ended his season 19-15.

Junior Gavin Robertson was another Bobcat wrestler who made it to state. Robertson went into Thursday, hungry for a win, and that’s exactly what he got. Second round was a little tougher, and he couldn’t quite get the win. Robertson needed just one more win to make it to Friday night, but didn’t quite get that

victory. He ended his season 19-13.

Junior Spencer Bloomer was determined to make his first state qualifier a good one. Bloomer wrestled his hardest, but so did his opponents. He met some tough competition, and didn’t quite make it to the Friday night rounds. Bloomer ended his season with a record of 20-15.

The South Loup wrestlers finished out another year with an impressive showing at state, and are looking forward to yet another good year in 2019!



Eggleston stands proud on the podium during the medal ceremony on Saturday afternoon.

Five Cats Head to Omaha

By: Kylee Lehmkuhler, AHS Freshman and Kenna Rogers, AHS Sophomore

ELM CREEK – On Friday, February 9th, and Saturday, February 10th, the Cats competed in the NSAA, Class D, District 3 wrestling meet. They battled through weather, but somehow managed to end up on top.

South Loup got 4th as a team out of 21 teams with 91 points. East Butler barely took 3rd, with 92.5 points. In 2nd was Elm Creek with 99 points, and in 1st place was Pender with 102.5 points.

Taking 1st in the 120 lb. weight bracket and winning a trip to state was junior Tayten Eggleston! Eggleston had an outstanding weekend and won all three of his matches, one by fall and two by decision.

Winning 2nd was senior

Dalton Donegan (113 lb.) Donegan received two byes, and won his first match with a pin. In the championship match, Donegan fought hard, but lost, settling with 2nd and a trip to state.

Senior Marshall Still (220 lb.) was determined to send his senior year out with a bang. He brought home 3rd and a chance to take state! Still won the 3rd place match after overcoming early tournament setbacks.

Junior Gavin Robertson (160 lb.) was yet another to bring home a medal. Along with winning a trip to Omaha, Robertson won 3rd at the district meet. He wrestled hard all weekend, winning four of his five matches.

And the fifth, but certainly not the least, to place and go to the Century Link in Omaha was junior Spencer Bloomer. Bloomer placed

3rd in the 195 lb. weight bracket. He wrestled four matches, two of which being pins.

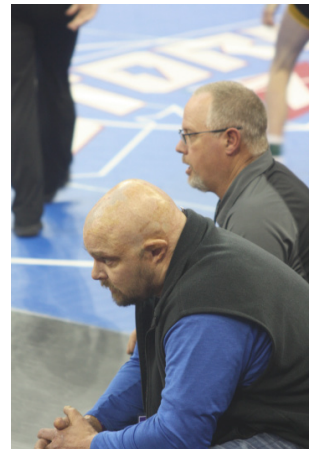
“We got five to state, and 1.5 points away from third place as a team. The best part is in finals we only lost one match out of out of the five. These boys weren’t just satisfied with making it to state, they wanted to end their day with a win... and I was very proud of them. This week we head to Omaha, we start wrestling at four on Thursday, hope to bring home some hardware,” said coach Jim Johnson.

Tune in to Track Wrestling to watch the SLB wrestlers at the state championship, located at the Century Link Center in Omaha, Nebraska. The boys will wrestle first in the afternoon session on Thursday, February 15th, and second during the afternoon session on Friday, February 16th. From there, the times may vary.



Marshall Still sent his career out with a bang - making it all the way to the “heartbreak” round.

The 2017-18 coaches - Clint Lewis, Jim Johnson, and Joe Bob Atkins (not pictured) - worked hard throughout the season to help the SLB wrestlers succeed.



By: Kylee Lehmkuhler, AHS Freshman
ARNOLD - Conference was a successful meet for the South Loup Wrestlers, as they took home 3rd out of 10 teams. The Cats also had eight wrestlers place.

“Six out of nine placed in the top two, so you could say we had a great day,” commented head coach Jim Johnson.

Tayten Eggleston (120 lb.) proved he was ready for districts when he brought home another 1st place medal, bringing his record to an outstanding 26-6. Eggleston wrestled two matches, pinning both in the first period.

Carson Mason made his freshman year one to remember, winning the 1st place medal in the 126 lb. weight class. Mason wrestled three matches, coming out victorious in two by fall.

Coming in with 2nd place, Marshall Still continues to impress.

Still wrestled only two matches, winning his first.

Bobcat Wrestlers Impress At MNAC

“Personally, I need to wrestle smarter and control my aggression better, but I think we wrestled decent in the conference meet,” said Still.

Gavin Robertson (160 lb.) finished off his conference meet with a 2nd place medal and 14 team points. He won his first two matches, one by pin, and one by fall. During the first place match, Robertson fought hard and made it late into the second period before getting pinned.

Spencer Bloomer showed his skill this Friday, with a 2nd place medal in the 195 lb. weight class. He wrestled two matches, winning one by fall.

Logan Peterson (106 lb.) was excited to finish his freshman conference meet in 2nd place. He won his first two matches with pins, but lost by fall early in the second period of round

three.

Dalton Donegan rounded off his senior MNAC meet in 3rd. Donegan wrestled three matches, winning his last one with a pin.

Colby Streit placed 4th in the meet and brought in four team points.

Mullen placed 1st in the meet with 147 points, and Ansley-Litchfield following in 2nd with 111.5 points.

The Cats racked in 108 points on the day, along with 3rd place. Districts will be on Friday January 9, and Saturday, January 10 in Elm Creek. The Bobs are working hard on last minute changes to make it to Omaha.

“In order to qualify the amount of kids we want, we need to wrestle smarter and faster. If we do that, we will have a very successful districts, and you could see more of us at state than ever before,” said Still.

THE ROAD TO A ‘SHIP

By: Cade Connell, APS Senior

Since 1982, Rick Peterson has been a part of the track team here at Arnold Public Schools.

In the beginning, he was the girls head coach. Having a total of only six girls his first year with most of them being freshman didn't add up to being a very successful track team.

When asked what he has learned the most about over the years surprisingly his answer was the high jump.

“I just knew nothing about the high jump, I knew nothing about drills, so when Renee Watkins (Bubak) was high jumping I didn't even know how to adjust her step so she wasn't missing the mat,” said Rick Peterson.

From 1972 to 1982 the track practices lasted about 15 minutes is all.

“ In 1971 there were over 40 girls out for track. In 1972 there were only six,” said Peterson.

“It was more recreational, more intramural stuff than actual track like we see it today.”

If you ask anyone that has been coached by Coach Peterson they will all agree that his favorite event is the pole vault. In 1993 they got rid of pole vault because of all the expenses it took and the safety precautions that were needed.

“That (pole vault) has changed a lot, it used to be there was only one pole for each kid. Now, it is totally different, each kid uses two or three poles at each meet,” said Peterson.

You can always find Peterson up at the pole vault pit working with all the vaulters, trying to improve their skills each and everyday.

In 2015 the class of 2018 entered the world of high school sports. All of them having the skills and mind set to become high caliber athletes from the very beginning.

“Since we had a lot of freshman at that time, the workouts couldn't be as hard because their bodies just weren't able to handle the strain. The first two years



(2015-2016) we focused on more of a mid distance workout, getting their stamina up which would lead into faster times in the 100m and 400m,” said Peterson.

In 2017 many of the workouts were speed workouts. Working on the foot speed of all the track members. Piecing together relays that would run faster and have the smoothest handoffs.

“Many of the workouts this year (2017) were more explosive workouts, running more 300m,

200m, and 100m workouts,” said Peterson.

On May 20, 2017 Coach Rick Peterson finally felt that feeling that he hasn't been able to feel in 35 years of coaching. When the final scores came up on the big screen at Burke Stadium in Omaha, Nebraska, South Loup had taken the Class D-1 State Championship!

- South Loup 38.00
- BDS 37.00
- Exeter-Milligan 36.00

“It is an indescribable [feeling], there really are no words for it,” said Peterson.



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Breakfast and Lunch Prices

Breakfast: K-12 \$1.40,
Adults \$1.65

Grab-N-Go Break Prices: \$0.45- \$0.65

Ala Carte Choices by Students: \$0.60 - \$2.10

Lunch: K-6 \$2.40, 7-12
\$2.65, Adults \$3.65

Senior Spotlight



Shaylee Jones

•WHAT IS YOUR FAVORITE THING ABOUT YOUR HOMETOWN?

Arnold is so supportive of our school.

•WHAT IS YOUR FAVORITE SCHOOL MEMORY?

All the interesting conversations we have in Mr. Peterson's government class.

•DESCRIBE SENIOR YEAR IN THREE WORDS.

Flies by fast.

•WHAT ADVICE DO YOU HAVE FOR FRESHMAN?

Work your hardest, always be optimistic, and live in the moment because it goes by too fast to not stop and smell the roses.

•FINISH THIS SENTENCE: "I COULD NOT LIVE WITHOUT..."

My family, and my faith.

•IF YOU COULD FIX ONE THING IN THE WORLD WHAT WOULD IT BE?

I would find a cure for cancer.

•WHAT IS THE NUMBER ONE THING ON YOUR BUCKET LIST?

Travel to Europe and eat all the types of food.

•WHAT IS YOUR DREAM COLLEGE AND WHY?

University of Nebraska Lincoln, because both of my parents went there, as well as my grandma and grandpa Jones, and my sister.

•WHO IS YOUR HERO AND WHY?

My parents are my heroes because they support my siblings and I in all that we do. They are the most loving, and faithful people with hearts of gold.

•WHO HAS BEEN THE MOST INFLUENTIAL PERSON IN YOUR LIFE?

My older sister Natalie, she has always been a great role model and motivator.

•WHAT IS YOUR FAVORITE THING ABOUT BEING A SENIOR?

Helping Mr. Morgan 8th hour with the title of vice principal.

•WHAT ARE YOU GOING TO MISS THE MOST AS YOU GO ON TO THE NEXT CHAPTER OF YOUR LIFE?

I'm going to miss basketball with Jessie Sallach and a hug from my grandma and grandpa Staab after each of my games.

•WHAT ARE YOUR PLANS FOR AFTER HIGH SCHOOL?

Attend the University of Nebraska Lincoln and major in General Business.

•WHAT EXTRA CURRICULAR ACTIVITIES ARE YOU INVOLVED IN?

Volleyball, basketball, track, cheerleading, one acts, quiz bowl, NHS, YLCC, SHGP, and youth group.

One Rung Short

By: Jadeyn Bubak, APS Freshman

ARNOLD— On Thursday, January 18, the South Loup Lady Bobcats began their ladder journey. What's their ladder? Well, Coach Hinman recently taped multiple pictures of a ladder, a simple ladder, on the walls of Callaway's girls locker room. At first, the girls thought that just meant lots of running, however Hinman had a deeper meaning behind that simple photo.

The ladder was to represent the girls accomplishing their big goals. To win conference, and earn the chance to climb the ladder and take a piece of the net for their own, would be huge for the Lady Bobs. But the ladder isn't just for conference, it represents the Cats entire season, their hard work, their team chemistry, and their heart and love for the game.

The first rung of the ladder was climbed, as the girls' defeated the Twin Loup Wolves in their first conference face-off. Starting off the tournament right, the Bobs won the game 45-24, and even held Twin Loup to zero points in the 4th quarter.

Leading the game in points was Jessie Sallach, with 24 points, 4 steals and 4 rebounds on the night. Madison Reed was able to return for this game, and she had a great first game back. Also contributing was Vayle Berger who hit 2 key three-pointers early in the match. It was a well-polished win for the Cats, but their journey didn't stop there.

BROKEN BOW—On January 19, it was time for the girls to advance to their second rung of their ladder. The Cats would face the Mullen Broncos, where their hustle would win them the game 44-39. The Bobs had to fight hard clear to the end, and their perseverance



definitely paid off.

The scoring was close the entire game. In fact, the scoring by quarter went as following with the Cats scores first: 8-6, 11-12, 13-10, and 12-11. However, Jessie Sallach was able to use her smooth post plays in the 4th quarter, where she got fouled and made the bucket. Those 3 points created a gap large enough that the Broncos wouldn't be able to catch up to the quick Cats late in the game.

The girls played a crisp offensive match, knocking down 14 free throws and ending the night with 13 assists. Sallach had an excellent game, as she added 23 points to the board. Shaylee Jones played an aggressive match, adding 10 points of her own.

The Cats flew around the court, and their hustle never stopped. South Loup had advanced to their second rung, and it was time to face the Ansley-Litchfield Spartans in the MNAC conference championship game.

BROKEN BOW— On Saturday, January 20, the Cats were headed straight towards their final climb of the MNAC conference tournament. Just a week before, the Cats had faced the Ansley-Litchfield Spartans, and they would battle them once again in the championship game. Despite their immense efforts, the Cats would fall short by 1 point, 36-35, and take 2nd place in the MNAC conference tournament, a title the girls can be proud of.

The Bobs started off the game on fire. The girls' shots were on in the 1st quarter, and they took a big lead

with the score being 14-3 heading into the 2nd. The scoring went back and forth with the teams taking turns holding the momentum of the game. Rebounding was close between the teams, as the Bobcats had 23 to the Spartans 22 rebounds.

Leading scorer was Jessie Sallach with 13 points, 8 rebounds, and 3 steals on the night. Not far behind was Shaylee Jones with 9 points and Kalie Glendy with 5.

The Bobcats were ahead by 1 with about a minute left to go in the game, as Madison Reed was able to hit 1 of her free throws. However, Ansley-Litchfield's dominant post Falan Ryan was able to hit a field goal, putting the Spartans ahead by 1.

The Cats did everything they could to score in the last minute of the game, but they were never able to put the ball in the hoop, falling short of their ladder by just one rung. The Bobcats played an incredible game, and the South Loup girls are continuing to make memories that will last a lifetime. The Bobs are ready for their post-season games, and the fans are definitely ready to watch.

The Cats Win at Home

By: Jadeyn Bubak, APS Freshman

CALLAWAY—On the night of February 2, the Lady Bobcats put their home court advantage to use and beat the Mullen Broncos 36-25. The Bobs have continued to prove their athleticism with their record moving up to 15-3 after their Friday night win.

The momentum in the 1st quarter was slower than normal for the girls as they only outscored the Broncos 5-2. However, the Cats defensive efforts made it nearly impossible for Mullen to put the ball in the hoop. Jessie Sallach was lead scorer with 17 points while also brining in 15 rebounds for the Bobcats.

"We knew their strength was not their outside shots, but Mullen does drive the



ball well. We ran our Tennessee defense to keep Mullen's Allison Daniels and Samantha Moore occupied, making it difficult for Mullen to run an offense," said Shaylee Jones.

The teams began to pick up speed in the 2nd quarter of play, as the score headed into half was 15-11. Late in the quarter, Madison Reed and Mullen's Samantha Moore banged heads while diving for a loose ball. Reed was able to return for the 4th quarter of play, but Moore sat out due to a concussion.

Feeling sparky, the Bobs extended the lead in quarter 3 by outscoring the Broncos 13-6. The Cats shot confidently from behind the arc, as Landyn Cole, Madison Reed, and Vayle Berger were each able to knock down a three-pointer! Kalie Glendy added 5 points to the scoreboard along with Cole and Reed.

The 4th quarter was a close one as the teams each scored 8 points. Mullen worked hard to shut down Sallach and Jones on the inside, but this only allowed for the Cats to hit more critical outside shots. The Bobs shot extremely well from the charity stripe as well, making 11 of their 16 free throws.

The Bobcats executed a well-polished game, and they seem to be improving with every win. Even though the Cats regular season is almost complete as districts are right around the corner, the girls are refusing to slow down their winning momentum.



‘Cats Transition Buckets, Lead to Win

By: Jadeyn Bubak, APS Freshman

TRYON—On the evening of February 3, the Bobcat girls added yet another win to their outstanding season. The Cats took the win against the small sized, but athletic McPherson County team, with the score at the final buzzer being 45-31.

The Bobs had a crisp 1st quarter, as they outscored the Longhorns 14-4. Addie Hild’s defensive skills put a lot of pressure on the Longhorn’s point guard, resulting in steals and transition buckets. Hild ended the night with 7 points and 4 steals. The Cats had a major height advantage over the Longhorns, and they were able to bring in 29 rebounds and 5 blocks.

In the 2nd quarter, the Longhorns went on a big scoring streak, outscoring the Bobs 15-8. The Longhorns shot exceptionally well from the charity stripe, and those free throws kept them close to the Cats.

Sallach’s post moves were too much for the Longhorns to handle though, and she brought in 14 points. Also having an excellent offensive match was Madison Reed, who added 12 points to the scoreboard.

The Bobs regained their momentum in the 3rd quarter of play, as they rallied in 11 points to McPherson County’s 5. South Loup’s posts worked hard down low to take hold of countless rebounds. Sallach led with 9, but Jones wasn’t far behind with 5, and Witthuhn with 4.

The Cats didn’t let up in the 4th quarter and they brought in 12 points to the Longhorn’s 7. With another win in the books, the Bobcats record is now an incredible 16-3. The Bobs last two regular season games will be against Anselmo-Merna and Eustis-Farnam. See next week’s paper for the results of those two matchups.



‘Cats Collect Win over Coyotes

By: Jadeyn Bubak, APS Freshman

MERNA— On the evening of February 6, the Bobcats entered the den of the Anselmo-Merna coyotes and left with yet another victory. The Bobs played an impeccable game, and conquered the Coyotes 34-27.

The Cats didn’t start out with their normal momentum in the 1st quarter, and were outscored 8-6. The Bobs gave up several possessions due to uncanny turnovers. However, this slow start didn’t give Shaylee Jones any problems, as she was lead scorer on the night with 11 points. Reed was also able to knock down a two-pointer in the 1st, and she ended the night with 5 points of her own.

The 2nd quarter was much better for the girls, as they took the quarter 10-5. The Cats picked things up on the defensive end, making it much harder for Anselmo-Merna to put the ball through the hoop. Leading scorer for the Coyotes was senior post Tara Geiser. As usual, Sallach put in an immense effort and made many stops defensively and put in 10 points offensively.

The 3rd quarter was another close one between the competitors; however, the Cats still outscored the Coyotes 8-7. Kalie Glendy was able to knock down a key shot in the 3rd, as she extended the Bobs lead to 19-13. Atlynn Witthuhn also scored with a quick put-back, lengthening the lead to 21-14.

“I believe the key in defeating Anselmo-Merna was our defense. We locked down on their two best players and held them to very few points. We were also able to run the court and make them very tired,” said Madison Reed.

Remaining in the lead in the 4th was no easy task, but the girls still managed to outscore the Coyotes 10-7. Vayle Berger hit a beautiful three-pointer early on in the quarter, showing that the Cats were ready to fight clear to the end. Near the end of the quarter, the Coyotes were fouling, trying to put the Cats to the line to get the ball back. This gave Landyn Cole the opportunity to seal the game; she knocked down her free throw, ending the game at 34-27.

Stay tuned for next week’s paper to see how the Bobcat girls do in sub-districts as they hope to climb their ladder and make the journey to state!

Bobs Dominate Last Regular Season Game

By: Jadeyn Bubak, APS Freshman

ARNOLD— The Lady Bobcats crushed the Eustis-Farnam Knights on the evening of January 9. The girls got right to business and took the game easily 66-14. This was a huge win for the Bobs, as it was their seniors last regular season game and last home game ever.

The Cats momentum in the 1st quarter was outstanding, as they racked in 16 points to Eustis-Farnam’s 3. Leading scorer was Jessie Sallach, as she was able to accumulate an astounding 17 points. Post presence was huge in this match-up, as Eustis-Farnam had no one near the height of Sallach or Jones. Jones was able to put 10 points of her own in the game.



The Cats didn’t slow down at all in the 2nd quarter, as they outscored the Knights 18-2. Playing a well-polished game was Landyn Cole, who was able to knock down 10 points. Reed, per usual, also played an aggressive offensive match. Reed put 6 points on the board, and caused many turnovers with her aggressive defense.

“Our offenses that we ran were made to spread the court because Eustis-Farnam ran a 1-3-1 defense. To get shots off against the 1-3-1 we had to take lots of corner shots and penetrate the defense to create open passing lanes. Spreading our offense out allowed us to easily pass the ball into the paint to our posts where we scored easy buckets,” said Bailey Schwarz.

The Cats kept up their momentum in the 3rd quarter, as they pushed even farther ahead, outscoring the Knights 17-4. Calyn Liable had an impressive offensive game, scoring 6 points for the Bobcats. Taylor Conroy added 5 more points to the score, with 3 of them being from a last second buzzer beater at the end of the game.

The 4th quarter was not different from the first three, as the girls outscored Eustis-Farnam 15-5, even though South Loup’s starters did not play in quarter 4. Other scorers on the night were Kalie Glendy with 4, Jadeyn Bubak with 3, Mikayla McFate with 2, Bailey Schwarz with 2, and Atlynn Witthuhn with 1.

Stay tuned for next week’s paper to see how the Bobcat girls do in sub-districts as they hope to climb their ladder and make the journey to state!

A Season to Be Proud Of

Cheerleaders Are Making a Shout!

By: Jadeyn Bubak Freshman

BROKEN BOW— The South Loup Lady Bobcats season came to a quick close on the evening of February 13. It was the Cats first game in sub-districts, where they faced a tough Burwell team. The Bobcats couldn't quite keep up with the Longhorns, and they lost the game 50-38, brining their incredible 18-4 season to an end.

"We had a deep bench and a lot of heart throughout the whole team. Our motto this year was our family vs. their team and that really rang true. We are one big family that loved playing the game. I'm going to miss the atmosphere of the game and all the memories made on the court with my team. I'm also going to miss Jessie Sallach and I's screaming sessions after a made bucket and one!" said Shaylee Jones.

The Bobs just couldn't get their momentum going in the 1st quarter, as they were outscored 16-6. The Longhorns had tough post presence, making it difficult for the Cats to pass the ball into the paint like normal. Sallach was still able to knock down 16 points, while also brining in 9 rebounds and 2 blocks.

The 2nd quarter was extremely close with both teams scoring 6 points, proving the girls could play this athletic team close. Shaylee Jones ended her senior year strong, as she was a huge contributor in this game. Jones put 10 points on the board and worked hard down low to grab 5 rebounds.

Not losing any momentum heading into the 3rd, the Bobs were able to keep up with the Longhorns once again, with both teams upping their scores by 8. Landyn Cole hit several key shots near the end of the game, and she ended the night with 5 points and 3 rebounds. Her outside shots were crucial, for her offensive threat opened up the paint more for Sallach and Jones.

The 4th quarter was a good one for the girls, but it wasn't quite enough. The Longhorns went to the free-throw line many times in quarter 4, from which they shot 78%. In fact, 22 of their 50 points came from the charity stripe. Despite this, Sallach found her shooting rhythm in the 4th, as she hit 2 deep three-pointers late in the game.

The South Loup girls gave it their all, and came just short of their goals. They had an incredible season, one they should definitely be proud of.

"We grew together. Over the season our confidence and trust in each other grew and truly made us a family. We had a dream season. Everybody would hope for that kind of record... maybe not how it ended, but this was definitely the most memorable of my four seasons because we truly grew as a family," said Vayle Berger.



By: Jadeyn Bubak, APS Freshman

The South Loup cheerleading program has always played a huge role in encouraging athletes in their sports including: football, volleyball, basketball, and wrestling. These cheerleaders, who are athletes themselves, have helped lead the teams to many Bobcat wins with their positive attitudes and ability to make any crowd an excitable one.

However, with a change in the coach and the addition of several new members to the cheering squad, the South Loup Cheerleaders have developed into an even more complete, professional, and peppy cheer squad this season.

The girls got the chance to show off their love for the sport of cheerleading more than usual this season.

The team dedicated themselves to their practice, and took the time to learn and preform not one, but two dances for their South Loup fans. These dances demonstrated not only the girls encouraging attitudes, but also showcased their technique, rhythm, structure, and flexibility.

With the extra dances, also came new and improved cheers. With the help of their coach, Lena Biel, the squad was able to develop new cheers that were upbeat and got the crowd even more excited.

"So this year, I think we have upped our game a lot. We look like a team and we usually preform well for cheers. We have done more dances than in past years. It's still a lot of fun though! This year we also have more girls!" said Angelina Harter.

The cheerleaders, as usual, held their annual Little Girls Cheer Camp near the end of their cheering season. This is an exhilarating morning of fun for the young girls ages preschool through 6th grade that choose to participate in this camp.

This year, 46 girls signed up for this camp, where they got a taste of what it's like to be a real South Loup Cheerleader. The camp went from 9:00 am. to 11:30 a.m., and was filled with learning, laughter, and love for cheerleading.

The girls got to learn a minute and 20 second dance, which they got the chance to preform with the older South Loup Cheerleaders. The girls preformed once in Arnold for the basketball games vs. Eustis Farnam, and once in Callaway for the basketball games vs. Hershey.

This camp is great for the cheerleading program, for it shows younger girls what fun cheerleading can and will be. Coach Biel is hoping to see a continuous growth in the cheerleading program. With the addition of new girls, the team can develop more advanced structures, cheers, and dances to preform for the South Loup fans.

"I think that the girls have more structure and requirements than what they have had in the past. I would say the highlights of this season were the girls' two dances. They worked really hard and then got to preform them," said Coach Biel.

The program has expanded greatly this season, and the cheerleaders have had a blast with all of the new material they have done this season. The South Loup cheerleaders have a growing squad, and their presence on the court, the field, or on the mat, is a much-needed thing for the success of all South Loup sports.



The South Loup cheerleading squad from top to bottom: Kenna Rogers, Angelina Harter, Hagen Ell, Amanda Harrison, Lucy Kimball, Shaylee Jones, and Avery Atkins before another fun night of cheering on their South Loup Bobcat basketball players!

JH Basketball Ends Strong

By: Cade Connell, APS Senior



8th grader RayLee Downing brings the ball down the floor!

Arnold— On Monday, February 19, 2018 the JH basketball teams played the Twin Loup Wolves. This game was rescheduled from February 5 due to weather conditions.

The girls played at the Arnold Community Center and showed that it

doesn't matter where the games are played, they will still get the win. The girls A-team had their closest game of season. They were able to hold out and win the game 21-19 being the final score.

"It felt so amazing being able to carry on the three year winning streak. I felt like we grew so close during this season and we were able to work so well together," said 8th grader Carly Gracey.

The B-team played tough and ran away with the game with an ending score of 14-2.

The JH boys played very well and ended up getting their first win on the year! It was close to begin with, but the boys pushed through and finished strong, winning the game 27-18.

"We improved a lot in our fundamentals. We got smarter on the court

and by the end we were having a lot more fun," said 8th grader Colbi Smith.

The B-team didn't have as much luck, but they played tough and displayed that they have improved tremendously from the beginning of the year to the end.

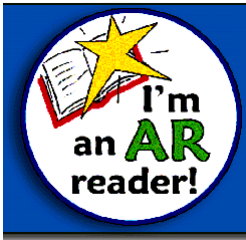
The boys B-game ended with a final score of 0-6 with the Wolves coming out on top.



8th grader Colbi Smith goes up strong to knock down a layup against Anselmo-Merna.

Renaissance Home Connect

Watch Your Child's Progress in AR and see their testing scores for STAR. Sign Up Now!



Dear Parents,

Your student uses Accelerated Reader, also known as Renaissance Place, at school. This program has a new feature called Renaissance Home connect, which the student and the parent can access outside of class with

an Internet connection. Renaissance Home Connect is fun and easy to use. It allows the teacher, the parent, and the student to share information about your student's progress in Accelerated Reader.

Be watching for a letter to come

home on the first day of school with instructions of how to login and how to use the program. You can also set up automatic emails when your student takes tests over books or takes the STAR test.

Please contact me if you have any questions. Nicole Badgley.

Bobcat Boys Basketball Team Doesn't Slow Down

By: Landyn Cole, APS Freshman

SLB Boys Take Conference Championship

Ansley-Litchfield Spartans

ARNOLD—The SLB boys started the MNAC conference tournament with a win over the Ansley-Litchfield Spartans on January 25. The final score was lower than normal for the Bobcats, but South Loup managed to pull out the win and took the game with a final score of 57-41, putting their record at 12-1. The bobcats had to play the Spartans back-to-back, as they had just played them on January 18 and beat them by an outstanding score of 81-34.

The Spartans played the Bobcats much tougher this week than they did last week, which may be due to the Spartans' key player Junior Chris Paitz's presence on the court. Paitz suited up, but was unable to play in the game last week due to an injury. This week, though, Paitz was the Spartans' leading scorer against the Bobcats with 13 points, followed closely by Junior Justin Bailey, who racked up 12 points against South Loup.

The Bobcats' leading scorer for the night was Junior Kalen Dockweiler, who accounted for 22 of the Bobcats' points and 9 of the Cats' 23 total rebounds. Dockweiler also took 1 charge and had 3 steals.

Senior Cade Connell scored 14 of SLB's points, shooting 100% that night in 2-pointers. Connell continuously drove to the hoop and consequently received 8 shots from the charity stripe; he knocked down 5 of his free-throws.

Cody-Kilgore Cowboys

BROKEN-BOW—The Bobcats advanced to the next round of the conference tournament, not backing down to the competition one bit, and defeated the Cody-Kilgore Cowboys 68-26. This brought the Bobcat boys' record to 13-1.

The Bobcats played passionately, as the boys hustled and sacrificed their bodies more than ever before. The Cats' aggressiveness on defense led them to 13 steals and force 20 turnovers on the Cowboys. South Loup

took care of the ball on the offensive end, and Cody-Kilgore only had 2 steals.

The Cowboys played the Bobcats extremely tough in the first quarter, and gave the Cats some trouble. Quarter 1 ended with Cody-Kilgore ahead in points, as the score was 10-8. In quarter 2, the Bobcats added 24 points to the scoreboard, while Cody-Kilgore only managed to add 10 points to the board. In the 3rd, the Bobcats pulled ahead and ran away with the lead. The Bobcats scored 32 more points and limited the Cowboys to only score 5.

"After halftime we came out and played loose and had fun instead of being so tight! We got out and ran and got some steals off the press, which began the snowball affect for our team! We gained confidence and they started to dwindle," said Junior Kalen Dockweiler.

Senior Cade Connell was on fire from behind the arc, making him the Bobcats' highest scorer with 25 points. Connell knocked down five 3-pointers and five 2-pointers.

Following Connell in points was Kalen Dockweiler. Dockweiler racked up 17 points, all of which came from 2-point baskets and foul shots.

The Bobcats did something most teams are not capable of doing—the Cats took 4 charges in a single game. Senior Spencer Johnson held his ground and took 2 charges, firing up the Bobcats. Later in the game Senior Jack Rush and Senior Blake Schwarz each took 1 charge as well.

Mullen Broncos

BROKEN BOW—On January 27, 2018, the South Loup Bobcat boys basketball team made history as the first South Loup basketball team to win a conference championship. The Bobcats battled with the Mullen Broncos, both teams enormously wanting the conference title. After a tough game,

the Bobcats proved they were better and snatched the MNAC first place plaque, finishing the game 64-55.

Mullen was no walk-over team, and defeating them was no easy task. The Broncos and Bobcats battled back and forth the entire game. The Bobcats came out stronger than the Broncos, and quarter 1 ended 20-13 with the Bobcats ahead. In quarter 2, however, the Broncos shut the Cats down, and the Bobcats only managed to score 4 points in comparison to the Broncos 14. In the 3rd the Bobcats reestablished the lead, ending the quarter 48-41, then fought fiercely to hold their lead over

the Broncos and end the game 64-55.

Once again, Senior Cade Connell was the Cats' highest scorer, with 23 crucial points and 6 defensive rebounds.

Junior Kalen Dockweiler led the Bobcats in assists, with an outstanding 7. Dockweiler had 12 points and crashed the boards hard to earn 6 total rebounds.

Senior Jack Rush shot the ball extremely well, making all of his field goals and 1 of his 2 free-throws to end the night with 11 points.

The game was intense and nerve-racking for both the players and South Loup fans. In the end, all the hard work the boys had put in proved to be worth it as one by one they climbed the ladders to cut down the basketball net, a moment they'll never forget.

Bobcat Boys Battle the Broncos

CALLAWAY—The Mullen Broncos were out for revenge on the South Loup boys after losing to the Bobcats in the MNAC championship. The Bobcats played tougher than ever, though, and beat the Broncos 62-42 on February 2 in Callaway.



Landon Furne takes the shot from behind the arc.

“We learned a lot from the conference game. We knew we had to rebound better against their big guys, and that we had to make them run. We knew Jack was faster than their big guys so we wanted to push the ball in transition and get him the ball. We tried to get mismatches with their big man and exploit it,” said sophomore Jace Connell.

The Bobcats’ points were spread out between numerous people. Junior Kalen Dockweiler had 14; both senior Cade Connell and sophomore Jace Connell racked up 11 points for the Bobcats; senior Jack Rush put up 13; senior Landon Furne added 7 points to the board, and senior Blake Schwarz accounted for 6.

Dockweiler had an outstanding game, and was the leading scorer for the Bobcats. He was extremely close to having a triple-double, as Dockweiler had 14 points, 9 rebounds, and 9 assists.

Quarter 1 was close, with the score being 13-10 with the Cats in the lead. Quarter 2 ended 28-21 with the Bobcats still in the lead. The 3rd was another close quarter with the Bobcats adding 17 points to the board and the Broncos adding 14. In the 4th the Bobs ran away with the lead, and ended the game 62-42.

The Bobcat boys continue to prove they are a great basketball team that can take on anyone. The



Rush battles his way to the basket for a 2-point bucket.

SLB boys now have a record of 15-1, with their only loss being to Amherst.

Boys’ Strong Finish Leads to Win

MERNA—On February 6 the SLB basketball team traveled to Merna to take on the Anselmo-Merna Coyotes. While the 1st half of the game was relatively close—quarter 2 ended 27-21 with the Cats in the lead—the Bobcats ran away with the score in the 2nd half and took the game 73-45.

Cade Connell had a stellar performance, finishing the night 32 points! The game was a big one for Connell, as he hit his 1500th career point. Connell put 4 shots from behind the arc into the cylinder, knocked down 9 inside shots, and 2 free throws.

“After a slow 2nd quarter, we made up for it in the 3rd, which propelled us for an easy win,” said Connell.

Kalen Dockweiler was the Bobs 2nd highest scorer, putting 12 points onto the board and racking up 12 assists. Dockweiler was South Loup’s leading rebounder, crashing the boards hard to get a total of 8 rebounds. He also took 1 charge.

Blake Schwarz had a great night as well, ending the game with 8 points. Schwarz hit a couple 3-pointers and an inside shot. Schwarz had no turnovers and a total of 2 steals and 2 rebounds.

After another outstanding game, the Bobcats’ record becomes 17-1.

Boys Dominate Over Eustis-Farnam

ARNOLD—The SLB boys were victorious over the Eustis-Farnam Knights on February 9, with the final score being 64-24.

Cade Connell was the Bobcats’ leading scorer, ending the game with 13 points. Connell shot 100% from inside the arc, making all 5 of his attempted 2-point shots. He also knocked down 1 of his 2 attempted 3-point shots.

Jack Rush finished the night with 8 points, followed by Kalen Dockweiler with 7, and Brett Haidle with 6. Rush had success at the free throw line, scoring 4 of his 8 points from the charity stripe. All of Dockweiler’s points came from 2-point baskets, save for 1 free throw. Brett scored his 6 points off of inside shots, making 3 of his 4 attempted 2-pointers.

The Bobcat boys stepped onto the floor with confidence, and took the game right from the start. South Loup owned the court the entire game, especially in quarter 1 where they outscored the Knights 25-6. In the 2nd quarter the Cats added another 18 points to the board with Eustis-Farnam only managing to put up 7. The final score of the 3rd was 56-17, and the 4th ended 64-24, making the Bobcats’ record 18-1.

Boys Suffer Tough Loss at Heartland Hoops Classic

GRAND ISLAND—The SLB boys basketball team was recently given the honor to play in the Heartland Hoops Classic basketball tournament on February 10 at the Heartland Event Center in Grand Island. Only the best of the best basketball clubs are invited to attend and play. The boys’ hard work and success last basketball season did not go unrecognized, and the Bobcat boys team was asked to participate as one of the Class C teams in the 2018 tournament.

The Cats took on the Yutan Chieftans in their toughest game yet. While the Bobcats suffered defeat, they did not disappoint anybody as the South Loup boys played to their full potential, leaving everything they had on the court.

The Yutan Chieftans won the game 57-48, and were ahead most of the game. In quarter 1 Yutan put up 17 points compared to the Bobcats 9. Quarter 2 was a close one, ending 29-28 with the Chieftans still in the lead. In the 3rd quarter Yutan was able to add 12 points to the board while the Bobcats were only able to put up 9, making the score 41-37 in favor of Yutan. In the 4th the Bobcats fought hard, but couldn’t quite pull out the win, making the final score of the game 57-48.

The Chieftans were big, suiting up 8 boys 6’ or taller, with their biggest man being 6’7”. Regardless of their size, Jack Rush still took it to them, scoring 2 field goals and 4 free throws. Rush also grabbed 6 defensive rebounds.

Kalen Dockweiler was South Loup’s leading scorer, racking up 17 points against the Chieftans. Dockweiler hit 2 shots from behind the arc, 5 from the inside, and put in 1 free throw. Dockweiler also had 3 impressive blocks, 2 steals, and 2 as

sists.

The Bobcats may not have been able to win this game, but their tough competition pushed them to become even better at the sport. South Loup's record is now 18-2.

**Boys Have Success
Against S-E-M**

SUMNER—The Bobcats defeated the Sumner-Eddyville-Miller Mustangs in Sumner on February 16, finishing the game 67-27. The Bobcats took advantage of the fact that SEM only had 6 players in total, and ran the court to tire the Mustang players out. The Bobs also shot well from the 3-point line, shooting 50% from behind the arc as a team. In contrast, S-E-M only made 10% of their 3-point shots.

Cade Connell was the Bobcats' highest scorer, finishing the game with

24 points. Connell shot 66.7% from outside the arc, knocking down 6 of his 9 attempted 3-pointers. He successfully made 3 of his inside shots, shooting 75% from the inside. Connell used his length to snatch 5 defensive rebounds as well.

Kalen Dockweiler was the next leading scorer, with a total of 11 points, 9 assists, 4 steals, and 1 block. Dockweiler made every shot he took! He put all 5 of his attempted inside shots in the basket, bringing him 10 points. Dockweiler topped everything off by putting his 1 free throw shot into the cylinder.

Numerous Cats were successful on the offensive end. Jack Rush and Brett Haidle each added 9 points to the board; Jace Connell ended the night with 5 points, and Leighton Bubak and Grant Jones each put up 4.

"It was a big rivalry game, but the boys executed well and did a good job of maintaining their composure," said head coach Jeff Cole.

**Bobcat Boys Prove
Superior Over Panthers**

CALLAWAY—The SLB boys finished off their regular season with an exciting home-game win. The Hershey Panthers were a tough match for the Bobcats, and gave the Bobcats trouble in the second half of the game—the Panthers outscored the Bobcats 15-8 in the 3rd quarter and 12-11 in the 4th. Regardless, the Cats finished strong to win the game with a final score of 48-41, making their record 20-2.

Both teams were aggressive and determined, but in the end the Bobcats' defense was what won the game.

"It was a good quality win for our kids. Our defensive pressure was key, and we forced them into 22 turnovers,"

said head coach Jeff Cole.

Cade Connell was South Loup's leading scorer, and was the only Bobcat player to score points in the double digits. Connell ended the game with 18 points; he knocked down 3 treys and 9 free throws. Connell shot 75% from the line, only missing 3 of his 12 shots from the charity stripe.

Landon Furne lead the team in steals followed by Blake Schwarz. Furne swiped the ball from the Panthers 4 times and Schwarz took it from them on 3 occasions. As a team, the Bobcats ended the game with 14 steals while the Panthers only had 5.

"We just need to relax and play basketball, stay out of foul trouble and rebound. If we can do these three things then we will be successful in districts," said Cade Connell.



Sophomore Jace Connell goes in for the easy layup.

**Links to
School
Calendars:**

- <http://www.arnoldpublicschools.org/activity-calendar>
- On the announcements tab, scroll to the bottom
- Link to the school newsletter: <http://www.arnoldpublicschools.org/journalism>
- Links to newsletters prior to the 2015-2016 school year: <https://sites.google.com/a/esu10.org/mrs-badgley/schoolnewsletters>
- Links to historical and alumni newsletters: <https://sites.google.com/a/esu10.org/mrs-badgley/alumninewsletters>

Please give us your feedback by contacting Nicole Badgley at nbadgley@esu10.org.

Capri Sun Bags

Mrs. Crow is collecting Capri Sun bags again this year to help fund classroom projects. Please save those bags and send them to school with your student.



**Pop Tabs
Collection**

Mrs. Geiser and the second grade class will again be collecting aluminum pop tabs for classroom math assignments and projects. You can support our school by saving pop tabs and sending them with your student to the school. Thank you for your support.





A NEW ERA

By: Kenna Rogers, AHS
Sophomore

The Arnold journalism class has covered stories for ages, but it wasn't until this year that they started live broadcasting. The idea for this fun new activity came about when Arnold Public Schools principal, Joel Morgan, saw that the journalism class was doing so well putting articles into the Arnold Sentinel.

"I just wanted to introduce journalism to the media experience. I know that people spend a lot of time on social media and I figured it would help expand our presence," says Morgan.

The A-Blast News Cast, that's what they call themselves, will record videos at the end of each month, using some fancy new equipment in Mr. Morgan's office. They will cover a range of topics from sports to the performing arts.

So far they have done a beautiful job of covering the 2017-2018 volleyball season award winners, and the 2017-2018 football seniors and their accomplishments.

They also interviewed the amazing Mrs. Moninger about Read Across Nebraska, the speech team, and the spelling bee contestants. If you wish to watch the previous videos, they are on YouTube under Joel Morgan.

Senior Spotlight



Landon Furne

• WHAT IS YOUR FAVORITE THING ABOUT YOUR HOMETOWN?

The small community and getting to know everyone.

• WHAT IS YOUR FAVORITE SCHOOL MEMORY?

Winning state track, and runner up in state football.

• DESCRIBE SENIOR YEAR IN THREE WORDS.

Way too fast.

• WHAT ADVICE DO YOU HAVE FOR FRESHMAN?

Cherish every moment, and focus on your grades.

• FINISH THIS SENTENCE: "I COULD NOT LIVE WITHOUT..."

Food and netflix.

• IF YOU COULD FIX ONE THING IN THE WORLD WHAT WOULD IT BE?

Drug abuse.

• WHAT IS YOUR DREAM COLLEGE AND WHY?

University of Nebraska Kearney, because it is close to home, but not too close.

• WHO IS YOUR HERO AND WHY?

My dad, because he never gives up and always helps me through everything.

• WHO HAS BEEN THE MOST INFLUENTIAL PERSON IN YOUR LIFE?

My mom.

• WHAT IS YOUR FAVORITE THING ABOUT BEING A SENIOR?

I don't have much homework.

• WHAT ARE YOU GOING TO MISS THE MOST AS YOU GO ON TO THE NEXT CHAPTER OF YOUR LIFE?

The underclassmen and the sports.

• WHAT ARE YOUR PLANS FOR AFTER HIGH SCHOOL?

Attend University of Nebraska Kearney and get a degree in middle school education.

• WHAT EXTRA CURRICULAR ACTIVITIES ARE YOU INVOLVED IN?

Football, basketball, track, and one acts.

• WHAT IS THE NUMBER ONE THING ON YOUR BUCKET LIST?

Visit a country over in Europe.

Meet the APS Quiz Bowl Teams!

By: Landyn Cole, APS Freshman

High School Team: Junior High Team:

The high school quiz bowl team, a group of intelligent and hardworking students, have already dipped their toes into the 2018 season!

The quiz bowl team traveled to Callaway on January 30 for the Callaway quiz bowl meet and to Broken Bow on February 21. The team worked hard but weren't able to place at either meet.

The Arnold quiz bowl senior members include: Avery Atkins, Cade Connell, and Shaylee Jones.

The juniors are: Leighton Bubak (team captain), Jarret Buchholz, Lydia Connell, Tatum Cool, and Cole Gracey.

Sophomore members include: Jace Connell and Grant Jones.

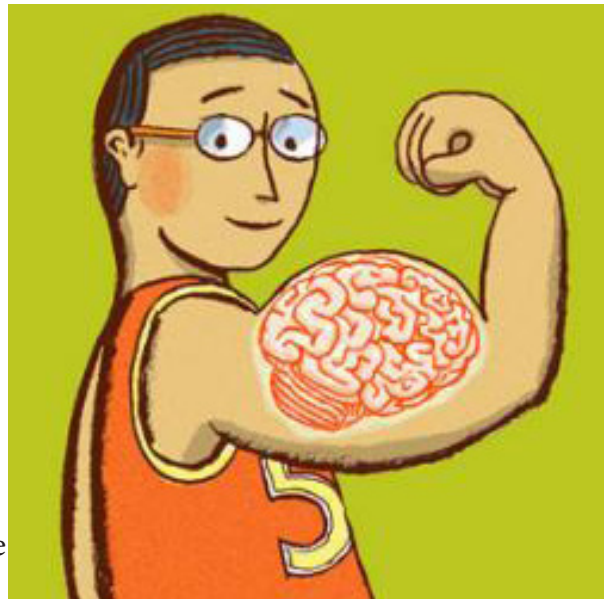
The freshmen participants

The Arnold junior high quiz bowl team has one meet under their belt!

The junior high team traveled to Broken Bow on February 22 for the MNAC Junior High quiz bowl meet, where they did not place.

The brilliant 6th graders include: Rio Remund, Dawson Doggett, Trey Connell, Cache Gracey, Brendan Streit, Gracie Neth, Bryn Schwarz, Delaney Rogers, Madison Smith, Macey Atkins, Charli Vickers, Harmony Borah and Alivia Robbins.

The stellar 7th graders who participate in quiz bowl are: Lance Jones, Silas Cool, Clay Whitthuhn, Chester Oberg, and Johnathon



junior high team captain Colbi Smith.

If you want to support these wonderful students, you have plenty of opportunities to do so at upcoming quiz bowl meets.

Upcoming Junior High Meets:

March 14: JH ESU 10 6-8 Academic Quiz Bowl at Kearney, 12:00 AM

March 19: JH Quiz Bowl at Merna, 4:00 PM



The excited Junior High quiz bowl team poses for a picture before their first quiz bowl meet.

are: Cooper Atkins and Drew Vickers.

The season is not over yet, as there are still a few meets you can catch to support the Arnold high school quiz bowl team!

Lamphear.

The big dogs on the team, the 8th graders, are: Colbi Smith (team captain), Stella Cool, Shayla Tickle, and RayLee Downing.

"My favorite part about quiz bowl is that you can use your skills that you use in the classroom in very exciting competitions," said

Upcoming High School Meets:

March 5: MNAC HS Quiz Bowl at Halsey, 12:00 AM

March 6: ESU 10 9-12 Academic Quiz Bowl at Kearney High School, 12:00 AM

March 26: HS Quiz Bowl at Merna, 9:00 AM

"We Talk To Walls"

By: Kylee Lehmkuhler, AHS Freshman. The Arnold speech team continued their season with trips to Gothenburg and Loup City. Gothenburg was a successful meet for many individuals, and the team as a whole. The Arnold team tied for the first place sweepstakes with Callaway! Eight individuals medaled as well, some even getting two! Not as many competitors traveled to Loup City due to state wrestling, but three competitors medaled. Tatum Cool came away with yet another first place medal in her Humerous Pros speech entry. The team will now travel to MNAC and Districts, and hopefully State!



(From Left to Right) Top: Cecelia Wonch, Zoey Borah, Tatum Cool, Toni Oberg, Dawson Hanna-Miles, Kylee Lehmkuhler, Lorraine Wonch. Bottom: Cooper Atkins, Jarrot Buchholz.



Zoey Borah (above) performed strong and showed the judges her potential in her speech.



With not much time to prepare, the four person OID still came home with first place medals! (Tatum Cool, Jarrot Buchholz, Cooper Atkins, and Dawson Hanna-Miles)

Sofia Atkins (below) shows the judge how talented she is with her strong and powerful Serious speech.



Tatum Cool (left) continues to amaze the judges, and anybody who watches her speech. She received a 147/150 score at the Loup City meet! Cecelia and Lorraine Wonch, and Kylee Lehmkuhler (below) continue to improve and hope to bring home more medals at the next couple of meets.



From the Superintendent's Desk



Spring Break will be arriving shortly, but evidently spring will not. Although snow days make the students (and teachers!) rejoice, I am ready for them to be over with. Considering spring athletic practices may begin on Feb 26, we need to start seeing a little more sun!

Once again, the Unicameral is involved in a struggle of tax reform, with a multitude of bills presented to help relieve the tax burden to our district citizens. Our senator, Matt Williams, has assured me he will prioritize bills that support education and ease the tax burden. It is difficult to find a bill that can do both. Hopefully at the end of the session we see some progress toward that end.

Our students in grades 3-8 will have a new system to navigate for our statewide assessment. Replacing NeSA, the NSCAS test will be hosted by NWEA, the same organization that hosts our MAPS testing. Those will take place in accordance with the timelines established by the NDE. We hope to see useful data come from the assessment this year. Recall, the Juniors now take only the ACT, and are not included in the NSCAS system.

Congratulations to our Wrestlers with a fine showing at the State Championships, the Girls Basketball team for the best season record since the beginning of the South Loup Coop, and the Boys Basketball team for an outstanding season as well. The Speech team is also making us proud! The majority of our high school students participate in at least one or more than one of these activities, and we love how involvement enhances the education of our kids here at APS!

Dawn Lewis, Ed.D.

From the Principal's Desk



With all the snow and cold in February, I hope we find warm weather on the way. This time of year is also when our calendars fill up with a multitude of activities. I would encourage you to come out and watch our students participate in many activities that will be going on this Spring. Our students will be involved in track, golf, speech, quiz bowl, and music contests just to name a few. Please take a look at the calendar and see if you could make it to one of the

many activities our students are involved in and see the success they are experiencing just by participating.

Beginning in March, we will be preparing for state assessments in language arts, reading, math, and science in March and April for grades 3-8. It is important for students to be well rested and have a healthy breakfast to start the day as they prepare for these tests. Attendance is also an important part of completing these assessments. I want to thank you for making sure our students are in attendance as we head toward state testing. Juniors will be taking the ACT on April 3rd. Please note that this is the day after Easter Break. This is a state wide test date, so it is crucial that all juniors are here that day for the ACT.

Coke Cap Collection

You can help out the school by collecting your Coke product bottle caps and numbers on the inside of Coke product boxes. We accept caps and cardboard cutouts from the products you get from convenience stores, the grocery stores, vending machines, at ball games, and other places that may all have the promotional codes on them. Coca-cola committed itself to supporting education by enabling schools to collect donated points and then redeem them for a variety of school rewards including playground equipment, supplies, classroom materials, cameras, sound equipment, and more. You can send your Coke caps (and other Coke products) to the school office and they will redeem them. For more information, you can go to the <http://www.mycokerewards.com/schools>. Thank you for your support.



School Calendar Subscription - NEW!

If you are interested in subscribing to the school calendar on your phone or computer, there is a new address to use. (Last year's calendar runs out very soon.)

Type in the following address, or copy and paste the address from the announcement tab on the school web page. <http://ical.schedulestar.com/iCalNOW.cfm?i=12435EDA-BE50-E29D-644F86352E7C93E3>

As the calendar is updated, your calendar will update too!

Starting New Chapters

By: Kenna Rogers, AHS Sophomore

Melva Geiser, one of the many friendly faces of Arnold Public Schools, has decided to start a new chapter in her life and retire. Fourteen amazing years she has dedicated to our school, but now it is time to say goodbye. Geiser not only dedicated her time to students in Arnold, but also students in Thedford Elementary School, and some second graders in Sutherland. But she hasn't always been second grade, for her first six years in Arnold she was the marvelous sixth grade teacher.

"We were a 'self-contained' sixth grade at the time. I enjoy teaching all the subject areas; however, math, social studies, and reading were my favorites. After that I spent a year teaching a fifth/sixth grade combination. That was a challenge, but one that I enjoyed," says Geiser.

Geiser plans to remain busy after retirement, taking care of her garden, subbing for our school, and visiting her children.

"I plan to visit my children and their spouses and my grandchildren often- or at least until they lock their doors, pull the blinds, and shut off the lights to make me think they are not home. Who knows? Maybe I will find new hobbies and interests- I'll reach for the moon and if I miss, hopefully I will land among the stars."



The beloved Mrs. Geiser with her class of 2nd graders!

PowerSchool App Available



In the App Store, if you search for the Powerschool app, you will find a quick and easy way to access your student's grades with your mobile phone.

Simply download the free app. It will ask you for your District Code (a 4 digit code) immediately. The code for Arnold Public School is: **SNPX**

Then you can use your regular username and password from last year.

If you are unable to remember your password, then please contact Mrs. Smith at the school office either by phone, 308-848-2226 or by email tami.smith@arnoldpublicschools.org

NEA's 20th Annual Read Across America

on Friday, March 2nd.



Get Spotted Reading Across Nebraska!

Reading goal: This year teachers will set their own goal for the month of February (culminating on March 2nd). Classes in K-5 will complete a 450-mile Reading Across Nebraska journey and track their progress on their classroom map.

K-5 school wide activity starts at 12:30 with three stations:
Service Dogs
Animal Care
Petting Zoo

February 26 through March 2
7:30 AM to 4:30 PM
in the school library
OR

February 21st through March 6th



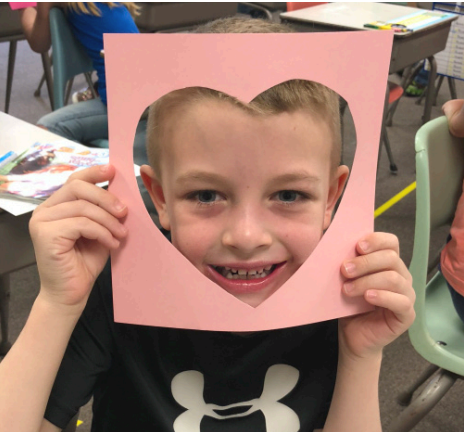
try the online shopping option at
<http://www.scholastic.com/bf/arnoldelementaryschool2>

Friendly Love in the Air at APS

By: Landyn Cole, APS Freshman



First grade class with their valentine boxes! **Back L-R**- Hudson Vickers, Eli Brast, Kale Kulhanek, Jett Morgan, Dwayne Barraza, Jacob Myer, Jade Hunt, Ryker Atkins, Braxton Teffteller **Front L-R**- Lyla Bierman, Claire Kulp, Kora Dailey, Emma Bierman, Lindsay Christensen, Donovan Larson.



First grader Kale Kulhanek got into the Valentines Day spirit!



The second grade class enjoyed coloring time before their valentines day party.



First graders Lyla Bierman and Jett Morgan were all smiles at their valentines day party!

Meet Your JH Basketball Bobcats!



Back row: Reagan Cool, Lila Bloomer, Isabelle Stallbaumer, Carly Gracey, Stella Lewis, Emmalee Glendy, Nadema Haidle. Middle row: Sharon Jones Heidi Donegan, Faith Bierman, Irelyn Rosfeld, Lauryn Johnson, Taylor Ross, Mya Weverka, Devin Peterson, and Beth Kranz. Front row: Ava Pandorf, RayLee Downing, Kinsey Pflaster, Megan Donegan, Abby Stallbaumer, and Halie Recoy.



Back row: Zane Kreikemeier, Jake Halstead, Chase Dishpan, Owen Stallbaumer, Chad Dishpan, Isaiah Bechtold, and Colbi Smith. Middle row: Chester Oberg, Jacob Heusman, Clay Witthuhn, Bryant Leeper, Matthew Mannon, C.J. Arnold. Front row: Talon Crago, Silas Cool, Lance Jones, Grant Hrupek, and Kaden Paulsen. Not pictured: Eli Eggleston, Johnathon Lamphear, Anthony Kratzer, John Bunch, and Joseph Heritor.

Helping Children Learn

Tips Families Can Use to Help Children Do Better in School



ELEMENTARY SCHOOL

March 2018

Title I Cooperative
Educational Service Unit #10

Encourage a learning habit with regular visits to the library

One of the best ways to excite your child about reading and learning is to make frequent trips to the library together. One survey found that 97 percent of regular library patrons consider themselves "lifelong learners." Research also shows that children who regularly visit libraries read more. To help your child enjoy the library:



- Sign him up for a library card. He'll feel important, and using it will teach him about responsibility.
- Explore the building—not just its books. Check out its nooks and crannies, its toy area, its stairways and cozy places to sit. The library should be a place that feels like home to your child.
- Encourage him to interview the librarian. Help him think of questions to ask, such as, "Why did you become a librarian?" If your child asks for an autograph, he'll have a way to remember the librarian's name.
- Have him pick a favorite subject—rockets, penguins, whatever he likes—and ask the librarian for help finding resources about it.
- Go on hunts through the children's section. Can your child find a book whose author's name starts with the same letter as his?
- Have him make a special bookmark to use with his library books. Make sure he brings it along when you visit.

Source: L. Rainie, "Libraries and Learning," Pew Research Center, www.pew.com/libraryhabit



How to react when grades disappoint

Your child doesn't seem to be struggling in school, but when her report card comes home, it is not good. Remember that getting angry with your child or showing your displeasure won't help. Instead, when you are calm:

- Ask your child for her thoughts about her grades. Why does she think she received these marks? Ask about her work in class. Does she complete it? Is she confused about anything she's learning? What does she think she could do differently?
- Enforce a regular study time at home. If your child doesn't have homework, she can review material from class or answer practice questions from her textbooks. Monitor her efforts, and provide help if needed, but don't ever do the homework for her. Let her take responsibility—it gives her practice she needs for success.
- Set up a meeting with the teacher. Ask for her ideas about what may be affecting your child's progress. Discuss ways you can work together to help your child boost her performance.

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Start your child off right

Students can't complete a task successfully if they keep putting it off. So help your child get started by setting an example. Say things like, "You work on your social studies worksheet and I'll clean out these kitchen drawers. Let's see how much we can accomplish in 15 minutes."

Predict and practice to prevent behavior problems

It's usually easier to prevent a behavior issue than it is to handle it afterward.



If you can predict that your child will dawdle and be late for the bus—because it happens often—don't wait for him to struggle down to the breakfast table. Instead, think of ways to prevent the problem. Perhaps he needs to go to bed earlier so he isn't so tired in the morning. If he's late because he can't find what he needs, help him get organized the night before.

Have your child practice the solutions you devise. You'll be able to celebrate his success, rather than punish misbehavior.

Source: L.R. Colvin, *Negotiation Cooperative*, Reddy Books

New world straight ahead

If your child will be moving on to middle school in the fall, start now to smooth her transition. Call her new school and schedule a tour. You can also:



- Find out about summer activities for rising middle schoolers. Is there a reading program or an orientation event your child can participate in?
- Get involved. Attend events for new students and families. Join the parent-teacher organization.

Quiz Bowl Dates

High School

MNAC @ Merna: March 5th

ESU 10 @ Kearney: March 6th

Junior High

MNAC @ Merna: February 26th

ESU 10 @ Kearney: March 14th





Screens are taking over my child's life. What can I do?

Q: My child spends hours playing electronic games. Some of them are educational, but she wants to play them all the time. As a result, she has trouble getting ready in the morning, she rushes through her homework and she barely speaks to the rest of the family. How can I fix this?



A: When kids use them responsibly, digital games can be a fun way to relax and even to learn. But your child's game playing is cutting into her time for schoolwork, reading, family and other more productive activities. That's why the American Academy of Pediatrics (AAP) urges parents to limit recreational screen time. Here's how:

- **Tell your child** you will be setting limits on the amount of time your family spends with screens.
- **Establish times** when screen use is not allowed for anyone in the family. These should include meal times, homework time and at least 30 minutes before your child's bedtime.
- **Provide alternatives.** Plan daily family activities, such as reading aloud, taking a walk or playing board games.
- **Get more ideas** by creating a personalized family media plan on the AAP's website (www.aap.org/childcare.org/English/media).



Are you building your child's vocabulary?

Helping your child increase his vocabulary improves his communication and comprehension skills. Are you creating opportunities for your child to learn and use new words? Answer yes or no to the questions below:

1. Do you discuss the meanings of words with your child? When you read together, do you explain unfamiliar words?
2. Do you introduce new words for familiar ideas? "I'm proud of your diligent efforts on your homework."
3. Do you pick a Word of the Day that family members try to use at least twice?
4. Do you encourage your child to write the new words he encounters in a personal "dictionary"?

5. Do you play word games as a family? "What's a five-letter word for love (adore)?"

How well are you doing?

More yes answers mean you are giving your child word power. For each no, try that idea.

"The limits of my language mean the limits of my world."
—Ludwig Wittgenstein

Get set for spring tests

For many elementary school students, spring is a time for standardized tests. To help your child do her best:

- **Make time for daily reading.** The more your child reads, the more she builds fluency and comprehension, which will help her with tests.
- **Talk with the teacher.** Ask about test formats and how your child should prepare at home.
- **Reduce anxiety.** Help your child stay positive and calm. Teach her to tell herself, "I can do this!"

It is also helpful to remember that one test doesn't represent your child's total abilities.

Form a language connection

If you are not comfortable speaking English, you may wonder how you can be involved at school. Consider forming a parent group for people who speak your native language. Share ideas and explore ways to partner with the school and help the staff meet the needs of all students and their families.

Post math self-help ideas

Teaching your child how to help himself is a big part of helping him learn. Have him create a colorful poster listing all the strategies he can think of to find the answer to a math problem. He could include:

- **Reread the problem.**
- **Restate the problem in my own words.**
- **Draw a diagram.**
- **Guess an answer and then check it.**
- **Think about how I solved other problems like this one.**



Hang the poster in your child's study area—one glance will give him ideas to try the next time he's confused.

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Box Tops



Arnold Public Schools will again be collecting box tops for education with a goal of earning \$500 to purchase items for classrooms. In the past, a Smartboard was purchased and some other nice equipment. The Box Tops campaign is a school fundraising program started by General Mills in 1996. To date, Box Tops has raised over \$200 million to help purchase school supplies, playground equipment, technology items, and so much more. You can support our school by saving box tops and sending them with your student to the school, take them to Finch Memorial Library, or to Reed's Food Center. Thank you for your support.

Helping Students Learn

Tips Families Can Use to Help Students Do Better in School

MIDDLE SCHOOL

March 2018

Title I Cooperative
Educational Service Unit #10

'Academic buoyancy' helps your child rise above setbacks

In middle school, students often face high academic expectations. And it's not unusual for them to experience a setback—a struggle to understand a concept, or even a failing grade. But a setback doesn't have to knock your child out of commission. Help her develop what some experts call "academic buoyancy"—the ability to get back up and keep trying.

Here's how:

- **Be alert for signs** that your child is anxious or struggling. If you hear self-defeating language, like "I just can't do it," or see that she is avoiding a subject or seems stressed, find ways to gently start a conversation.
- **Bolster your child's courage.** Let her know that a setback doesn't mean she can't achieve her goals. Tell her you know she has what it takes to overcome this challenge.
- **Help her see a setback as an opportunity to learn.** A failure is a sign that she is trying something that isn't easy. But it is also a chance to review what went wrong and figure out how to do it better next time.
- **Model buoyancy.** Share stories about times when you made mistakes, or felt like a failure, and how you bounced back. Make it clear that no one is perfect, and progress rarely happens in a straight line.

Source: M. Smith, "Has the resilience ship sailed?" in, *The Globalist*, Ltd.



Activities knit ties to school

Students with ties to school beyond academics are more likely to stay in school and go on to graduate.

Encourage your child to explore interests and have fun in an extracurricular activity at school this spring.



Thinking improves reading

What does your child understand about the material he reads? Whether he's reading a short passage or a novel, encourage him to think about:

- **The author's purpose.** Is it to inform? Entertain? Influence readers?
- **The main idea.** What details support it?
- **The order of events in the text.**
- **The relationships between events in the text and the eventual outcome.**
- **The meaning of descriptive language.** "My heart sang," means that the author was happy, not that he made a sound.

Source: ACT, "For Middle Schoolers: Activities to Build College-Level Reading Skills," *ACT.org*, www.act.org/readcomp.

In this game, math makes the choices clear

To make math personal for your child, play a game of Would You Rather. Ask her to use math to justify her choice between two options.

For example, would she rather:

- **Have 23 hundred-dollar bills, 48 ten-dollar bills and 5 one-dollar bills, or 26 hundreds, 17 tens and 22 ones?**
- **Have 500 pounds of pennies or 40 pounds of quarters?** (Check the coins' weights at www.usmint.gov/learn/coin-and-medal-program/coin-specifications).

Source: J. Stevens, "Would You Rather...?" *msw.com/wyr*.



Help your child benefit from class notes

Students who take good class notes have two advantages. They are more likely to remember information they have written down themselves, and they have class-specific information they can review when studying for tests.

Share these tips with your child:

- **Don't try to write everything.** Your child should listen for dates, names, events and other key facts.
- **Use clues to determine what's important.** If the teacher writes it on the board, your child should write it down. The same goes for things the teacher repeats.
- **Review notes each evening.** Your child should rewrite them if they are sloppy and clarify anything that doesn't make sense, or make a note to ask about it.
- **Compare notes with a classmate.** Someone else may have picked up on something your child missed.
- **Stay organized.** Your child should date his notes and keep them in a binder for that class.

Source: "Note-taking Tips," *TeenHealth*, www.teen.com/health/notes.

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Upcoming ACT Test Dates:

Test Date	Deadline	Late Deadline	Estimated Scores Available
April 14, 2018	March 9, 2018*	March 10-23, 2018*	April 24, 2017*
June 9, 2018	May 4, 2018*	May 5-18, 2018*	June 21, 2017*
July 14, 2018	June 15, 2018	June 16-22, 2018	July 24, 2018

Q&A How can I get my child to stop butting heads with me?

Q: My son seems to take great pleasure in annoying me. He doesn't listen when I talk, and he loves to take the opposite side in every discussion. He's doing well enough in school, but he won't if he treats his teachers this way. What can I do?

A: Your frustration may come more from how you view your child's behavior than from his intent. He may not be trying to upset you at all.

Some experts divide parents into two groups:

- **Positive thinkers.** When their kids "zone out," for example, they chalk it up to distraction, not misbehavior. They are more likely to react to contrary behavior calmly.
- **Negative thinkers.** When their children misbehave, they take their behavior personally and are more likely to get angry.

Dealing with your child's misbehavior in positive ways at home can improve his outlook at school. If you assume that your son's actions are a function of his development, rather than his feelings about you, you can address just the misbehavior—without the added layer of deliberate offense. And that may be easier on both of you.



Routines help when kids must be home alone

If you are at work when your middle schooler gets home from school, help him establish a productive after-school routine. If the bus drops him off at 4 p.m. and you get home at 6 p.m., for example, he could call you to check in, take 30 minutes to relax, and then tackle homework until you arrive.

Request reasons in writing

Your child wants something from you—a later bedtime or a trip to a theme park. The next time she makes a request, don't say yes or no. Instead, ask her to make a persuasive argument in writing. She can choose the format—a letter, a slide presentation, a script for an ad, etc. Your child should state:

1. What she wants.
2. Why she wants it.
3. Why she thinks she should get it.
4. Her replies to the objections she thinks you may have.



Tell her a well-reasoned argument has a better chance of getting a positive response.

Watch out for alcohol ads

One study of middle schoolers found that kids aged 11 to 14 saw ads for alcohol multiple times a day—on billboards and signs, on TV and in print. Research suggests that exposure to alcohol advertising may increase underage drinking. Parents should:

- Be aware that middle schoolers notice alcohol advertising.
- Talk about the dangers of underage drinking frequently with your child.

Source: H. Collins and others, "Alcohol Advertising Exposure Among Middle School-Age Youth: An Assessment Across All Media and Venues," *Journal of Studies on Alcohol and Drugs*, Alcohol Research Documentation, Inc., Rutgers, The State University of New Jersey, www.cambridge.org/9780521875886.

Parent Quiz

Are you a steady source of support?

When your middle schooler's classes, responsibilities and even her body seem to be constantly changing, are you a steady presence she can rely on when she wants to talk? Answer yes or no to the questions below:

1. Do you make it a point to have regular conversations with your child?
2. Do you make an effort to speak to your child calmly, even during disagreements?
3. Do you listen with respect to your child's point of view, and expect her to do the same for you?
4. Do you ask questions to help her figure out for herself what she should do?
5. Do you use encouraging non-verbal cues with your

child, such as smiles, private signals and hugs?

How well are you doing?

More yes answers mean you are communicating your support for your child. For each no, try that idea.

"Anything that's human is mentionable, and anything that is mentionable can be more manageable."
—Fred Rogers

Helping Students Learn

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Activity Passes

Activity Passes, which get you into all home games at Arnold and Callaway, all year, will cost \$20.00 for students, \$40.00 for parents, and \$80.00 for a family. These passes will be good for all events except NSAA sponsored activities, and conference events. Everyone can get them at the office.



Helping Students Learn

Tips Families Can Use to Help Students Do Better in School

HIGH SCHOOL

March 2018

Title 1 Cooperative

Educational Service Unit #10

Teach your teen a helpful method for managing research projects

Research projects help students learn about topics in depth. Just as importantly, they also help students learn how to find, organize and present information. Educators Mike Eisenberg and Robert Beckwith divide the process into stages they call "The Big6 Skills." When your teen does research, help her think about:



1. **The assignment.** Is she supposed to argue a position? Answer a question? If your teen is unsure, she should ask the teacher for clarification.
2. **Strategies for finding information.** How will your teen find reliable sources? She could ask a librarian, make a list of key words to use in online searches, and check author credentials and publication dates.
3. **Access to information.** Where are her sources? Are they online, or will she need to allow time to visit a library or request an interlibrary loan?
4. **Use of information.** As she takes notes, she should ask herself questions like, "Is this relevant to my point?" and "Do I need more information?"
5. **Synthesis.** Your teen should review the information she's collected and decide what to use and how to organize it. Then she can write her paper.
6. **Evaluation.** How does her finished project look? Has she satisfied the requirements? How might she research more efficiently next time?

Source: "Big6 Skills Overview," *Big6.com*, www.big6.org/big6/; A. Ruyter, "Research Like a Librarian: Using 'Big6 Skills' for Better Content," *New York Public Library*, www.nypl.org/big6-2.

Don't forget the basics

Remember that some of the best things you can do to help your teen succeed in school are also the simplest. Make sure she:

- Gets enough sleep.
- Eats breakfast.
- Arrives on time.
- Completes homework.



Reading faster can help teens understand more

Students who read efficiently—with speed and accuracy—tend to have a better understanding of what they read. To help your teen build his reading comprehension, encourage him to:

- **Read silently.** Whispering words to himself can slow your teen's reading down.
- **Read clusters** of words rather than focusing on a single word at a time.
- **Match his reading speed** to the text's level of difficulty. When your teen reads light fiction or magazines, he should do it as quickly as he can for practice. If he needs to, he can slow down when he reads more challenging material.



Source: D. Doyle, "Reading Better and Faster," *Chenab Community College*, www.ccc.edu/high_speed/.



Try this twist to activate memory

Movement is linked to improved memory. This version of the classic game Twister makes memorizing fun and active. Give your teen two sets of colored index cards (blue and pink, for example). Have him:

1. Write vocabulary words, dates or key concepts on the blue cards, one fact per card.
2. Write the definition or explanation for each fact on a pink card.
3. Spread the cards faceup on the floor.
4. Put his left foot on a blue card, then put his right foot on the corresponding pink card.
5. Put his left hand on a different blue card, and his right hand on the matching pink card.
6. Continue the process until he has matched all the cards.

When your teen sees questions about these facts on a test, remembering how he twisted may help him recall the answers.

Source: A. Commons, *Study Smart, Study Less, Test Speed Pass*.

Respect goes beyond words

Using respectful language with teachers and classmates will help your teen get along in school. But it is just as important for her to be respectful when she isn't speaking. Remind your teen to:

- **Avoid interrupting**—even when she disagrees with what someone is saying.
- **Watch her body language.** Good posture and eye contact show respect. Eye rolling doesn't.

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Speech Dates

MNAC - Ansley: February 26th

Best of The West: March 3rd

Districts: March 12th

State: March 23rd



Q&A How can I help my teen set a course for the future?

Q: A lot of my son's friends have pretty clear ideas about the careers they want and how to prepare for them. At 16, my son has no clue about the path he wants to take after high school. How can I help him figure it out?

A: Now is a great time for your son to focus on his future. Thinking about what he might like to do will help him make choices and maximize his options.



To help your teen identify his goals, talk with him about:

- **The classes he enjoys.** What is he best at? What does he feel most confident doing? What careers involve the skills he uses in these subjects?
- **The things he likes to do in his free time.** Does he like to be outdoors? Is he happiest with large groups of people? Or does he prefer spending time with one or two people or alone?
- **Other people's jobs.** Encourage your teen to talk to people in a variety of jobs. Do any aspects of their work sound interesting to him? Could he arrange to shadow someone in a career of interest for a day or two?

Ask the school counselor about tools to help your teen focus his thinking and determine the education he will need to pursue his goals. As you work with your son, remember that you are helping him find the right direction for his future—don't push him to do something you always wanted to do.

SWOT helps teens plan

A process businesses use when planning how to achieve their objectives can also help students think their way through challenges. Teach your teen to analyze with SWOT. The letters stand for:

- **Strengths.** What does your teen do well? Remembering his strengths can empower him to tackle a problem.
- **Weaknesses.** Knowing what he does not do well can help him plan ways to compensate or improve.
- **Opportunities.** Thinking of positive outcomes can motivate your teen. "If I get my paper done before the weekend, I can go to the party on Saturday."
- **Threats.** What obstacles does he face? How does he plan to overcome them?

Source: R. Chinn, "Explicating SWOT Analysis to High School Students," *Our Everyday Life*, www.ourlifedaily.com/SWOT.

Give the reason for the rule

Your teen still needs you to set limits and impose discipline. But she will be more likely to cooperate if she understands the reasons behind the limits you set.



For example, studies show that more teens are killed in car crashes in the three hours before midnight. What a great reason to set limits on nighttime driving!

Source: M. Greenfield-Boyer, "What Nighttime Crashes With Teen Drivers Happen Before Midnight," *NPR*, www.npr.com/crash.

Parent Quiz

Is your teen ready for the tough times?

Parents do their best to protect their children. That includes teaching teens how to handle the tricky situations they may encounter. Are you preparing your teen to navigate tough times? Answer yes or no to the questions below:

1. Do you discuss challenging scenarios your teen may run into before they occur?
2. Do you role-play ways your teen can say no? "My mom would kill me!" is an effective standby.
3. Have you told your teen you expect her to be honest with you, especially about serious issues?
4. Do you create casual opportunities to talk with your teen? These conversations can pave the way to more serious talks.

5. Do you model your family's values for your teen? Values are caught, not taught.

How well are you doing?

Does yes answer mean you are empowering your teen to meet tough times head on. For each no, try that idea.

"Independence isn't doing your own thing; it's doing the right thing on your own."
—Kim John Payne

Notes aren't just for class

Taking notes while reading helps students learn the material. In the process, they create a useful study resource. Your teen should:

- Read a whole paragraph or section before writing anything down.
- Decide what's important and write it in his own words.
- Translate diagrams into words.

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PowerSchool Passwords

As in past years, the school will be using PowerSchool to share student grades with their parents. If you already



have the ability to login and check your child's grades, then nothing has changed. Simply login to <https://arnold.powerschool.com/public/>. If you don't have a log in, forgot your password, or would like some help, please contact Tami Smith in the office, or by email at tami.smith@arnoldpublicschools.org or call the school office: 308-848-2226.



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