



Arnold -Breakfast and Lunch Menus

October 2023

Menu Is Subject To Change ** "USDA is an equal opportunity provider and employer."

	Monday	Tuesday	Wednesday	Thursday	Friday
	Oct 2	3	4	5	6
Breakfast includes: Orange Juice, Milk, Water, Yogurt, Fruit and Cheese Stick everyday.	B: Pancakes	B: Sausage and Hashbrowns	B: Bagel With egg and cheese	B:Combo bar	B:French toast
	L:Burrito	L: Tacos	L:Lasagna and bread stick	L: Pizza by Joel	L:Hot dogs on a bun
	9	10	11	12	13
	B:Waffles	B:Eggs	B: Tornado	B:Combo bar	B:Oatmeal
	L:Chrispitos	L:Chicken Tacos	L:Goulash, t-roll	L:Mac-N-Cheese & Chicken Nuggets	L: Sandwich
	16	17	18	19	20
	B:Maple sausage sandwich	B: Combo Bar	B: Pancakes	B: Biscuit and Gravy	B:Breakfast Pizza
	L: Hamburger on a Bun	L: Chicken Fajitas	L:Hot Dog on a Bun 2:40 dismissal	L: Salsbury Beef, Mashed Potatoes	L:Sloppy Joe On A Bun
	23	24	25	26	27
	B: French Toast	B: tornado	B: Cinnamon Roll	B:Combo bar	NO SCHOOL
	L: Pulled Pork Nachos	L:Super Nacho With Cinnamon Roll	L:Spaghetti & Garlic Toast	L:Sandwich 2:40 dismissal	FALL BREAK
	30	31		28	29
Lunch includes: Vegetable, Fruit, Salad Bar, Water and Milk everyday.	B:Waffles	B: Pancake on a Stick			
	L: Hot Dog on a Bun	L: Beef-N-Noodles			

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