

The Arnold Gazette

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By: Anna Tullis APS Senior

This year, APS welcomed Sara Latiegue, an exchange student from Heidelberg, Germany. Sara is now staying in Arnold with her host family, Todd and Sarah Phelps.

Sara's parents are originally from Venezuela. They moved to Germany before having Sara and her younger brother. Sara's father was a foreign exchange student when he was in high school. He traveled from Venezuela to Germany. Her father encouraged Sara to do her exchange and has noticed some differences in their experiences.

"When he did it, there was barely any contact back home, so this is different," said Sara. She has been able to keep up with friends and family back in Germany.

Sara has noticed some key differences between people back home and the people here in Nebraska. "People are so open, it's crazy!" says Sara. In Europe, there is a stereotype that Americans tend to overshare and since her time here Sara has been able to see where that stereotype comes from, although she enjoys people's openness.

Sara has noticed that students here have closer relationships with teachers. "There you are lucky to know if they have a family."

Teachers also decorate their classrooms a lot more here than in Germany, "We had a special teacher because she had two plants in her room. We were like "wow, it's so pretty in here!"

Another adjustment moving here came from shopping trips. Sara says, "I haven't been shopping much, but whenever I have, it's been weird seeing all of the plastic bags." Since 2022 Germany has had a ban on the use of the lightweight plastic bags found across the United States. Another shock was that in most stores here you don't pack your own bags since that is the norm in Germany.

Sara is having a great time at APS and is look-



ing forward to learning and experiencing more here. She is really looking forward to homecoming and prom as that is something she has never been able to experience.

Sara is also excited to experience some American holidays for the first time. She is curious about Thanksgiving, as it is a celebration unique to the United States, as well as Halloween. "We don't really have it there. It is more like a thing for just younger kids."

Sara is a great addition to the Arnold community and our student body and we are so excited to have her here with us.

First Football Game Breaks a Record!

By: Danielle Duponcheel, APS Freshman

ARNOLD: On Friday, Aug. 29th, the South Loup football team kicked off the start of the season with an exciting and successful game, defeating Hemingford 54-36. The start of the game had everyone on the edge of their seats, cheering on Ethan Furne as he returned the opening kickoff 78 yards for a touchdown, breaking a South Loup Bobcat record.

Connor Paulsen followed up with a 2-point conversion, giving the home team a solid start!

"Starting the game off with a score really set the mood for the game and we all played together and everyone contributed to come out on top this week," said Senior Ethan Furne.

Hemingford responded with an impressive 55-yard touchdown run, tying the game 8-8. South Loup took over from there.

Running back AJ Starr made his mark on the game, finding the end zone three times in the first quarter with runs of 47, 51, and 21 yards. By the end of the first quarter, South Loup was up 36-8. Starr's dominant performance had the crowd buzzing, and the defense held strong to keep Hemingford out of the end zone for the rest of the quarter.

Even though the second quarter saw a bit less scoring, South Loup's offense kept up the excitement with two more touchdowns. Dylan Pandorf

threw a great 59-yard pass to Ethan Furne for a touchdown, and Furne added another score with a 10-yard rushing touchdown.

Despite missing both 2-point conversion attempts, that didn't stop them from taking a 48-8 lead into halftime. Although the team had some trouble with conversions, their strong offensive play helped them stay well ahead throughout the game.

"We need to develop some depth with our younger players, and once we do, we will be in a good position to compete with everyone on our schedule," said Assistant Coach Andy Schwarz

In the third quarter, South Loup added to their lead with another long touchdown pass from Pandorf, this time a 39-yarder to Crew Witthuhn.

Hemingford managed to score again in the third quarter, and South Loup rotated in some younger players, allowing them to add more touchdowns later in the game. Hemingford couldn't close the gap, and South Loup secured the win.

AJ Starr led the offensive charge, rushing for 145 yards on just five carries and scoring three touchdowns, while Ethan Furne racked up two receiving touchdown receptions and one rushing touchdown.

On defense, Starr led the



team with nine solo tackles, three assists, and two fumble recoveries. Every player on both teams gave it their all and pushed through to the finish, regardless of their experience on the field.

In the end, South Loup's season is off to a promising start and their 54-36 victory over Hemingford proves that they're ready for whatever the season brings.

Bobcats Secure Second Straight Win!

By: Danielle Duponcheel, APS Freshman

ARNOLD: The South Loup Bobcats picked up their second win of the season with a strong performance against the Hi-Line Bulls on Friday, Sept. 6th. The game had its rough moments, but the Bobcats showed they could stay in control and stand their ground.

"If you can't accept defeat, you'll never win," stated Jamie Tickle

Hi-Line struck first with a big 55-yard run by Asher Hecox. It looked like it might be a back-and-forth night when both teams fumbled early on, but South Loup quickly settled down.



Once Conner Paulsen got going, there was no looking back. He racked up four touchdowns in the first half, putting the Bobcats firmly in control. It was clear that he was the night's key player—every time he touched the ball, something good seemed to happen.

By halftime, South Loup had built a solid 26-7 lead. The second half was quieter offensively, but the Bobcats still controlled the game.

Paulsen added one more touchdown, while Hi-Line struggled to get anything going. The Bulls only managed one more touchdown late in the fourth quarter after recovering a fumble, with Traevyn Koch breaking loose for a 79-yard run, but it wasn't enough to close the gap.

"It wasn't pretty, but we won. A win is a win," said head coach Matt Jageler.

The Bobcats had a few hiccups, including turnovers and penalties, but their defense was strong, led by Kane Cochrane, with three interceptions.

Even when the game got a little sloppy, South Loup never lost control. Paulsen finished with 120 rushing yards and five touchdowns, while AJ Starr added 71 yards on the ground.

Hi-Line only managed 147 yards of total offense.

In the end, South Loup took home a 32-14 victory, keeping their momentum going in their second game of the season.

They've still got a few things to clean up, but this team knows how to get the job done when it counts!

Building On a Solid Foundation

By: Danielle Duponcheel, APS Freshman

ARNOLD: On Friday, Sept. 13th, the South Loup football team faced a challenge and fell to their opponents with a final score of 40-12. Despite the loss, there were notable individual performances that shone through.

"We made some really good plays, we also had some mistakes we have to clean up. They were a good team, but so were we. If we get the mistakes fixed up, we will be golden." TE, DE Crew Witthuhn.

Junior quarterback Dylan Pandorf demonstrated solid play, completing 9 of 16 passes for 80 yards and a

touchdown. His efficient passing helped keep the offense moving, with a highlight being a 27-yard touchdown pass to senior Ethan Furne.

Senior running back AJ Starr had a standout game on the ground, rushing for 104 yards on 17 carries, including a long 37-yard run. Starr's efforts were crucial in keeping South Loup competitive, and he scored the team's only rushing touchdown.

In the receiving game, senior Ethan Furne made a significant impact with three receptions for 23 yards and a touchdown, showing his ability to make plays when the team needed them.

Defensively, senior Jamie Tickle was a key contributor with two sacks, and junior Paxton Bierman added another sack. Their efforts were vital in applying pressure to the opponent's offense.

Special teams also saw some positive contributions, with Jamie Tickle handling kick-offs effectively, averaging 35.7 yards per kick, and Ethan Furne punting 40 yards.

"We lost to a tough team. We achieved a lot of good things, but we made too many mistakes to win," said Head



Coach Matt Jageler

While South Loup faces areas for improvement, the individual highlights from the game provide a solid foundation for the team to build upon as they prepare for the upcoming games.

Resilience Is Key To Bobcat Football Success

By: Danielle Duponcheel, APS Freshman

ARNOLD: On Thursday, Sept. 19th, the South Loup football team faced off against Sandhills Valley and secured a decisive victory with a final score of 65-42.

Despite the loss, the Mavericks displayed impressive individual performances throughout the game.

"The offense executed the game plan very well. We were able to take advantage of key matchups which allowed us to be successful all night. The offensive line was key in Dylan setting a new South Loup record, with 273 passing

yards." Assistant Coach, Andy Schwarz.

Connell threw for 186 yards and three touchdowns, completing 14 of 23 passes. His connection with receivers was evident, including a standout touchdown pass to Brayden McNutt that energized the crowd.

For South Loup, junior quarterback Dylan Pandorf delivered an exceptional performance, passing for 273 yards and three touchdowns with a remarkable completion rate of 78.6%. He also rushed for 66 yards and added a rushing touchdown, highlighting his dual-threat capability.

A notable moment was his 60-yard touchdown pass to Crew Witthuhn.

Senior running back AJ Starr played a crucial role for the Bobcats, scoring three rushing touchdowns and helping to maintain the offensive momentum.

his ability to make significant plays under pressure.

Defensively, the Mavericks worked hard to contain South Loup's potent offense but struggled to apply consistent pressure.

Cayson Johnston was one of the standout players on defense, providing crucial support throughout the contest. They say, "Life doesn't get easier or more forgiving, we get stronger and more resilient", and our team expressed that pretty well during this game.

Success is not Final



Read... Option... Tyzen Schacher keeps it.

Connor Paulsen also made his mark, contributing 161 total yards and scoring two rushing touchdowns.

In the receiving game, senior

Ethan Furne was a key player, catching a 54-yard touchdown pass and demonstrating

Jamie Tickle (number 21) and Paxton Bierman (number 9) block West Holt

By: Danielle Duponcheel, APS Freshman

ARNOLD: On Friday, Sept. 27th, the South Loup football team faced off against West Holt, securing a narrow victory with a final score of 25-24. The game displayed strong performances from both teams, highlighting individual talents and relentless effort on the field.

Junior quarterback Dylan

Pandorf had a standout night, completing 10 of 16 passes for 147 yards and one touchdown, with a notable long completion of 66 yards. His ability to connect with his receivers proved to be information in the close contest.

Conner Paulsen was the driving force for South Loup's rushing attack, amassing 172 yards on 15 carries, including three rushing touchdowns that helped the team to victory. His impressive 11.5 yards per carry was instrumental in maintaining offensive momentum.

"It was a huge win for the program and it was an amazing game," said Head Coach, Matt Jageler

Ethan Furne also made his mark in the receiving game, catching four passes for 93 yards, including a critical touchdown that energized the South Loup sideline. His explosive plays were crucial, especially in tight situations.

Defensively, the Bobcats faced a strong challenge from West Holt's offense. The team recorded a total of 87 tackles, with standout performances from Paxton Bierman and Harper Johnson, who both contributed significantly to limiting the Huskies' scoring opportunities.

West Holt's offense, led by senior quarterback Lincoln Konrad, threw for 200 yards and one touchdown while rushing for another. Despite their efforts, including a strong finish with 10 points in the fourth quarter, they fell just short of securing the win.

"We managed to grind it out and take the win, 25-24. It was close, but we found a way

to finish strong when it mattered." Senior Ethan Furne

As the saying goes, "Success is not final; failure

Our Very Own Lyfe Coach!

By: Danielle Duponcheel, APS Freshman

Arnold Public Schools is excited to introduce a new addition to our staff: Our own Lyfe Coach, Tami Smith! As a hometown graduate from the Class of 2001, Mrs. Smith is ready to make a big difference by helping students set and reach their personal goals. Whether building self-confidence, navigating relationships, or tackling anxiety and depression, this specialized role guides our students toward a brighter future.

The role of a Lyfe Coach is all about moving students forward. Unlike traditional counseling, which can be helpful in its own right, they focus on helping kids become the best versions of themselves. With a special certification in resilience and post-trauma growth, our coach will walk alongside students as they work to make positive changes in their lives.

After spending 10 years in counseling, Mrs. Smith found that while counseling is beneficial, it doesn't always help students take the next step forward. That's when the world of Lyfe Coaching came into the picture, offering a fresh approach to growth and self-improvement.

"I fell in love with the theory behind it because it meets people where they are in life and helps them move forward, and helps them become the best version of themselves," said Tami Smith

When asked what they love most about their job, Mrs. Smith said,

"It's a privilege to be invited into someone's life and walk alongside them as they make the changes that will make their lives better." With a passion for working with adoles-



cents and young adults, our coach is determined to help remove the stigma surrounding mental health and offer a new way to support students without putting them into rigid categories.

Our Lyfe Coach is a true Arnold native, with a love for learning and iced coffee! They have a black cat named Rex and are known to enjoy watching and supporting her children in sports. You might also find them spending time in the mountains or whipping up something delicious in the kitchen. With degrees from the University of Nebraska at Kearney, she's highly qualified and ready to bring her unique skills to our school.

We're thrilled to welcome our new Lyfe Coach to the team and look forward to seeing the positive impact they'll have on our students and community!

New Coaches, New Experiences

Lady Bobcats Hit the Road for Season Opener

By: Rae Hagler, APS Freshman

MULLEN HS: On Tuesday, September 3rd, Mullen hosted a triangular between Anselmo-Merna, South Loup, and Mullen. In the first game, the Lady Bobcats took on Mullen. The first set final score is 18-25; Mullen wins. Second set 17-25; Mullen wins. The second game was versus Anselmo-Merna. The first set is 11-25; Merna wins. And the second set 12-25; Merna takes the win.

"I know for a fact every girl on our team has the skill, but we just need the drive," said Michelle Preston, head coach.

One outstanding highlight of the game versus Mullen was when Anna Tullis got a perfect dig right up to Riata Remund for a beautiful set for Nyache Haidle to smack right down onto Mullen's side of the court.

"Our back row defense was always working hard and getting to the ball," Preston said.

Another memorable rally was when starting freshman, Emma Stallbaumer transitioned back as a free ball passed over from Merna's side of the court. Then, back row Danah Baldwin takes a nice high pass to setter Riata Remund, for Emma, as she takes her approach and slams the ball down on Merna's side of the court winning another point for the Bobcats! Staullbaumer's amazing performance left the crowd excitedly supporting the outstanding kill!

"Our first game didn't go as anticipated, so it set us some goals and showed some things we need to work on for our next game," said Danah Baldwin and Anna Tullis.

Relentless Commitment

By Danah Baldwin, APS senior

EUSTIS: The South Loup lady Bobcats Volleyball team traveled to Eustis on Sept. 6 to play the Hi-Line Bulls.

Both teams played with remarkable determination, chasing down every ball and battling fiercely for every point; their commitment to the game was evident in their hustle and intensity.

First set score: 25-14; Hi-Line wins. Second set

score: 19-25; Hi-Line wins. Third set score: 25-17; Hi-Line wins.

Despite the final score, the stats for the Lady Bobcats revealed a team defined by resilience and determination. These stats speak to their ability to battle through challenges, showcasing a relentless commitment to push forward, no matter the outcome

"Coming into the season, us girls knew we would have some setbacks after losing so many seniors and having an entirely new coaching staff. However, as a senior captain I have never been prouder of the commitment and grit our girls showed despite the loss we experienced," said senior Riata Ramund.

One highlight from the game was when Anna Tullis had a great pass to Greeley Hrupek for a set right to Riata Remund for a beautiful height to the deep corner for a kill.

"The girls play very hard and showed a lot of improvement from our previous games," said Head Coach Machelie Preston.

The Hi-Line Bulls played a good game going for every ball and showing strong communication on the court. The Bulls had very strange serving stats throughout all three sets.

"A highlight from the game is seeing South Loup freshman Emma Stallbaumer gaining the confidence she needed to be aggressive at the net," said Head Coach Michelle Preston.

Bobcats Hit Off Third Game of the Season

By Rae Haglar, APS Freshman
ARNOLD

HS: On Thursday, September 12th, Arnold hosted a game between the South Loup Bobcats and the 2023 State Runner Ups; Gothenburg Swedes. Starting the games off at 6, was our JV team. First set, Gothenburg



takes the win. Second set Gothenburg wins again with an ending set score 11-25. And starting at 7, was the Varsity girls' game. Gothenburg wins out of two sets. and third round our girls put up a strong fight with an ending set score of 15-25.

"Although South Loup was down, our student section was great. We appreciate our fellow students' support from the student section to the bench."

Danah Baldwin and Anna Tullis quoted. One outstanding highlight of the JV game was when Sophomore middle hitter, Jade Bierman approached the net and hit the ball down onto Gothenburg's side of the court gaining a point for the Bobcats!

And one player from the varsity that stood out was Anna Tullis. She is always moving her feet on the court and is always hustling to get to the ball no matter where on the court she stands. As a libero, she got a total of 10+ digs completed and up to our setter.

"We all knew that Gothenburg was going to be a hard team to beat so we went into our game having our main goal was to have fun and play competitively," varsity libero, Anna Tullis.

Bufs and Coyotes Come for a Tri

By Danah Baldwin, APS senior

CALLAWAY: The South Loup Lady Bobcats Volleyball team hosted The Elm Creek Buffaloes and the Anselmo-Merna Coyotes for a triangular.

All the teams played their hearts out and fought for every point with determination and grit.

The lady bobcats started the night by playing the Elm Creek Buffaloes in a three-set game. The Bufs took the first set in 25-10. The Bufs started the second set off strong going after every ball. The Lady Bobcats played right alongside the buf's until the second set ended at 25-15.

The Elm Creek Buffaloes and the Anselmo-Merna Coyotes played the second game of the night. The Bufs took the first set with a score of 25-20. The Coyotes started off strong in the first set but came up short with a score of 25-16

The last games of the night were played by the Lady Bobcats and the Coyotes. Both teams played hard going after every ball.

Tuesday night started out rough with a hard game against Elm Creek. We changed up the rotation in the second game and we came so close to a win! The

girls never gave up during our A/M game.

The Bobcats and Coyotes game was back-to-back at every point. The Coyotes took the game in two sets, the first set 27-25 second set 25-21.

A highlight from the game was when Danah Baldwin passed a great pass right to the setter Riata Remund who set it to Asa Starr outside hitter for a kill.

Bobcats Strike Again

By; Rae Hagler, APS Freshman

BERTRAND HS: On Tuesday, September 17th Bertrand hosted a triangular with the following teams; Brady Eagles, Bertrand Vikings, and South Loup Bobcats. Starting the games off, Lady Bobcats versus Bertrand. In the first set even though the lady bobcats were out of rotation, they still pushed through and kept up within 2 points of the opponent. We pushed but just not hard enough, the Vikings took the first set win with a final score of ASK. Second set we came back ready. Many good things were done compared to the first set. The first 11 points we stuck with them, but Bertrand's tips got the bad side of us.

Head Coach, Michelle Preston, "It was a tough night for the girls, but many good things still happened. We need to work through some things, but we still hope for our first win."

We did not have a game off, so right after the first one ended, we headed right into the second game. Taking on the Brady Eagles was a hard game. But we girls put up a harder fight.

"Getting to play a team as good as Brady is an amazing experience every year and I'm super proud of the girls and how they fought through the game," said varsity setter Riata Remund,



Marching On Coming Soon...

By: Angel Mills, APS Freshman

On Sept. 5th, the one-act team held their first practice of the season. The team played games that allowed the them to get to know each other and loosen up. They then talked about expectations and routines for the upcoming weeks. The cast has roughly 2-3 practices a week during September.

In selecting a play, the coaches carefully considered the cast, noting that there were more girls than boys. To ensure a balanced production, they chose "Marching On," a play centered on the suffrage movement of the early 1900's. This powerful piece displays the fight for women's right to vote.

Head Coach Lana Cool, said she has been coaching Arnold One Act for 7 years. She had no previous or formal coaching experience, but won Best Actor back in high school!

She said the keys to a winning team are positivity, energy, everyone all-in, hard work, commitment to excellence, and attention to detail.

"I'm looking forward to the 2024 season of play production. We have a talented and enthusiastic team, amazing coaches, and a beautiful story to tell. It's going to be a fun year!" said coach Lana.

Jason Wehnes, assistant coach, explained that

the crew does lights, sounds, spotlights, elevates actors, and music, but they also help with props and costumes. Wehnes said "I am excited to have this opportunity to work with the kids." He said his favorite part of being involved in One Act is, "As a coach, I love being able to see different sides of the kids."

They are leasing costumes from the inventory of the North Platte community playhouse.

Holly Remund, assistant coach said they are excited about their interactive set. They have been working with Ms. Berglund, Mr. Phelps, Ms. Welch, and many other students. The set is going to have a capital building, jail cell bars, gates, and much more.

"I have such a passion for the fine arts, I feel like it was the most significant thing I did while I was in high school and college. I just love sharing that passion with the kids in our school because they not only learn to love it like I do but they also learn how incredibly talented they are, and how they can take that skill with them for the rest of their lives," said Coach Holly.

Lana and the team are all very positive and hardworking. They come to practice determined to work hard while maintaining a good attitude. The team members all uplift each other and give each other tips. They surround each other with such positive and amazing energy that is so welcoming.

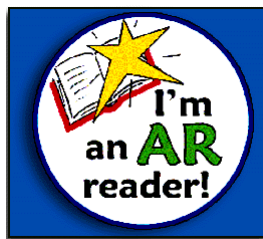


Cast practicing scene 11 called Voting-Tennessee

Renaissance Home Connect

Watch Student's

Progress in AR/STAR, Sign Up Now



Dear Parents,

Your student uses Accelerated Reader, also known as Renaissance Place, at school. This program has a new feature called Renaissance Home connect, which the student and the parent can access outside of class with an Internet connection. Renaissance Home Connect is fun and easy to use. It allows the teacher, the parent, and the student to share information about your student's progress in Accelerated Reader.

Be watching for a letter to come home on the first day of school with instructions of how to login and how to use the program. You can also set up automatic emails when your student takes tests over books or takes the STAR test.



Elem Reading Club

By: TyLee Smith

One day after school, Paisley Brown talked to Mrs. Mongier about reading after school. She wanted to start a reading club. So that's how Mrs. Moninger came up with the idea of the Elementary Book Club. They do monthly activities. On, October 1st the kids get to learn how to make balloon giraffes. In the future some of the activities they will learn will be; magic tricks, decorating cupcakes, origami bookmarks, and much more.

The meeting times are Tuesdays from 4:00 to 4:30, however; students can come around their schedules. For example, the public library has STEM activities on the second Tuesday of each month for 3-6th grade. The book club will continue to meet on those days.

The balloon giraffe activity idea came from a book titled Neck and Neck.

Mrs. Mongier wants you to know that "Arnold students love reading and finding unique angles to look at their books. I hope the kids all find books they love, and one of the best ways to do that is to get recommendations from their friends."

Activity Calendar

Arnold Public Schools is using a new activities application to manage all of our sporting events and school activities. If you would like access to the most updated information, you can download the rSchool App. In the Google Store and in the Apple store search for "rSchool" and you should see an app called "Activity Scheduler" with a blue hat as its icon. (See image to the right.)

It is simple and easy to use.

1. When you first open it you have to do a simple set up.
2. Simply search for Arnold Public Schools and you will find us.
3. Then this week's activities will show.
4. You can also choose the dates you want to see for future events.

This is a replacement for the links

that feed into your iCal calendars on iPhones and in to your Google calendars. This will be more ef-



ficient and up-to-the-minute with changes.

You can also use the following link on computers or on internet browsers on your phone to see the school calendars: <https://www.midnebraskaactivitiesconference.org/public/genie/1009/school/1359/>

Counseling Connection

Tips for Parents and Guardians

Promote Healthy Habits

Encourage regular exercise, healthy eating, and sufficient sleep, as these habits can positively impact mental well-being.

Reduce Stress

Help your child manage stress by teaching them relaxation techniques such as deep breathing, mindfulness, or meditation.

Set Realistic Expectations

Be understanding of your child's limitations and avoid putting too much pressure on them. Focus on their strengths and encourage progress, no matter how small.

Seek Support

Don't hesitate to reach out for support yourself as well. Parenting a child with mental health issues can be challenging, and it's important to take care of your own well-being too.

Sommer Joins Staff

By Danah Baldwin, APS senior

This year the APS staff welcomes the new Occupational Therapist Shelby Sommer. Mrs. Sommer has been an Occupational Therapist since 2019.

When asked why she wanted to be an Occupational Therapist Mrs. Sommer said "I chose to be an occupational therapist because I wanted a career where I could be active as well as help people. I was attracted to the OT profession as the therapy is unique in that you

are enabled to use your creativity based on the patient's goals and daily activities. I love working with kids as well as adults and wanted to be able to work with all spectrums of life."

Before becoming an Occupational Therapist Mrs. Sommer worked at TherapyWorks of Nebraska in Lincoln working with adults and pediatrics with developmental disabilities.

Mrs. Sommer went to college at Saint Mary in Omaha, NE. Mrs.

Sommer now works for Educational Service Unit #10 aka ESU10.

Mrs. Sommer said "Arnold should know that I love to be involved in the community I work in. I would love to get to know all the students and support them in any way possible. I love to watch sports and would be interested in attending the local sports games. Go Bobcats!"

Cross Country On the Road

By: Anna Tullis, APS Senior

BURWELL: The Arnold Cross Country team went to Burwell on Thursday, August 29 to compete at the annual Burwell Cross Country Invite. The boy's team brought six runners: Jaden Baker, Josiah Coleman, Eli Rogers, Dawson Mason, Caleb McFate, and Walter Bierman. The girl's team brought Ella Cool and Ivy Tullis.

The girl's team isn't big enough to qualify as a team but still came home with two medals from Ivy Tullis 10th, and Ella Cool 2nd. Ella Cool, an APS senior says, "The first meet is always so fun because there is no pressure, but this year it was even more fun. Everyone had such a successful showing and our hard work through the summer and first couple weeks of practice really came through!"

The meet's highlight came at the awards ceremony when the boys' team was announced as the champions. This is the first time in the history of boys' South Loup Cross Country that the team has won a regular season meet. Josiah Coleman, an APS Junior who placed 4th says, "We all ran really well, and it was fun winning the first meet. We plan on doing our best to keep it up!" Other placers on the team include Jaden Baker 5th, Dawson Mason 9th, and Walter Bierman 10th.

Assistant coach Kim Sallach says she is, "very proud of all of them considering we are nursing some nagging injuries". This is Mrs. Sallach's first year coaching cross country after leaving coaching for a few years. She is really enjoying spending time with and learning from Coach Nicole Recoy and the kids.

Personal Bests in XC

By: Anna Tullis, APS Senior

BROKEN BOW: On Saturday, Sept. 14th the South Loup cross country team traveled to Broken Bow to compete. The boys' team had one placer, Freshman Jaden Baker who finished 17th. The girls' team brought home two medals with Seniors Ella Cool (21:31.99) and Ivy Tullis (22:48.68) placing 4th and 12th respectively.

Head Coach Nicole Recoy says, "This is a very tough meet with a lot more athletes competing in each race. I thought all of the kids had a wonderful day!" Jaden Baker, Arnold Freshman, and Dawson Mason, a Callaway senior, finished the race with personal best times. Jaden Baker ran 18:36.57. Dawson Mason fin-



ished with a time of 20:01.06. Several others came very close to breaking their personal best times.

Eli Rogers(22:50.14) an Arnold Junior who competed at the meet says, "Everybody ran extremely well and to the best of their abilities. Although it wasn't, they made it look easy." Although the placings were lower the team competed well considering the large number of runners and larger schools.

"Broken Bow is always a tough meet because of the big schools and tough competition but it's always fun to have another meet with junior high. Broken Bow is always loud and full of spectators which makes for a fun race" says Ella Cool, Arnold Senior.

Still Strong on a Tough Course

By: Anna Tullis, APS Senior

Ravenna: Thursday, Sept. 19 the South Loup cross country team traveled to compete at the Ravenna invite. Junior Josiah Coleman placed 13th with a time of 20:00.6. Both girls medaled this week.

Walter Bierman (22:52.1) said, "Ravenna is one of the tougher courses we compete at but the team ran well and even though only a few of us placed we were still strong as a team."

Senior Ivy Tullis placed 6th with a course P.R. of 24:28.4. Senior Ella Cool got 8th with a time of 24:45.8. "Ravenna is always a tough meet. Regardless of the difficulty of the meet, we competed very well. We have competed at this meet in the past, and many

Supportive Runners at Cozad

By: Anna Tullis, APS Senior

Cozad: On Sept. 7th the South Loup cross country team competed at the Cozad Invite. Head Coach Nicole Recoy says, "We had a very good day! The High School and Junior High both completed very well against some really tough teams and ended up coming away with several placers."

Jaden Bush placed 15th

with a time of 18:39.9. Junior Eli Rogers (22:14.6) says, "Cozad is always a fun course with lots of competition. I enjoyed seeing everyone run and compete so well."

Seniors Ella Cool (21:23.8) and Ivy Tullis (21:38.8) earned 4th and 6th respectively. Ivy Tullis says, "I always love competing at Cozad and getting to see all of the junior high kids compete. One of the best things about cross country is how supportive everyone is and I love to cheer on my teammates."



Superintendent and High School Principal

Joel Morgan

PK-12 Principal

Allison Goodenow

Editor-in-Chief

Nicole Badgley

The opinions and ideas expressed in the articles are solely those of the reporters. The articles don't necessarily reflect the opinions and ideas of Arnold Public Schools. Each article is edited by both students and their teachers prior to publication. Mistakes may appear, as students are learning. With this being a student created newsletter, mistakes become teachable moments.

No advertising, other than school sponsored activities, may appear. Opinion pieces, future news items, comments, and suggestions may be submitted to nicole.badgley@arnoldpublicschools.org.

The newsletter is sent to all families and boxholders of District 89. If you, or someone you know, would like to receive the newsletter, please contact the school office at 308-848-2226 to add your name to the mailing list. You may also download the newsletter from the school website: <http://arnoldpublicschools.org>



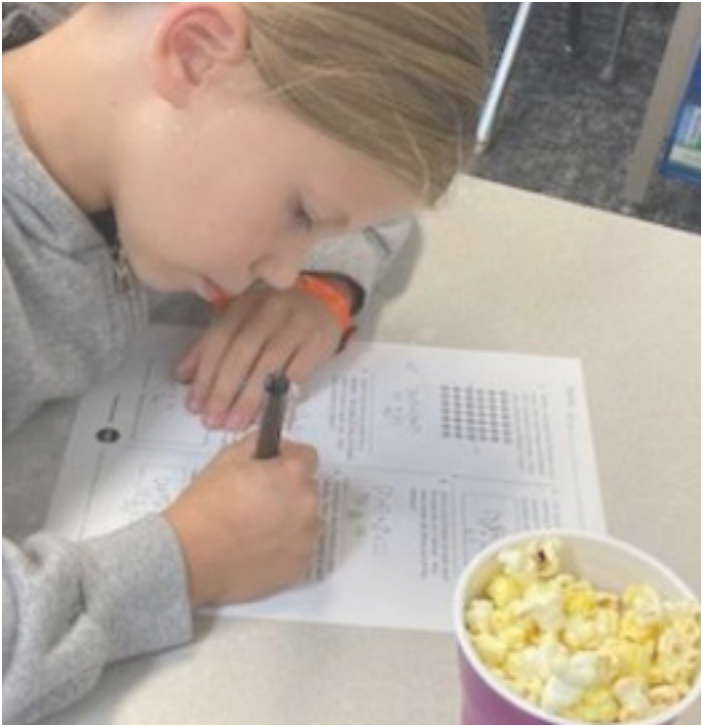
Previous Newsletters

- Link to the school newsletter: <http://www.arnoldpublicschools.org/journalism>
- Links to newsletters prior to the 2015-2016 school year: <https://sites.google.com/a/esu10.org/mrs-badgley/schoolnewsletters>
- Links to historical and alumni newsletters: <https://sites.google.com/a/esu10.org/mrs-badgley/alumninewsletters>

Please give us your feedback by contacting Nicole Badgley at nicole.badgley@arnoldpublicschools.org

Reading Challenge Earns Rewards

Below: Ashley Wilson enjoying her popcorn party and sharing with Daniel Tiger



Jerzi Sumpter enjoys A.R. Goal popcorn party while taking a math test



Third grade meets their A.R. Goal and gets T-shirts and a popcorn party!

This Year's Book Fair Was a Success!

By: Danielle Duponcheel, APS Freshman

This year's book fair was a blast! It brought together students for a fun celebration of reading. Not only did we get to explore tons of awesome books, but it was also a reminder of how important reading is in their lives.

"Honestly, my favorite part is visiting with the parents. A lot of our parents are former students of mine and I love seeing them with their family." Said Mrs. Moninger. Having families there created a warm, friendly vibe, making everyone feel connected.

These moments emphasized how reading can bring people closer together. The book fair helps create a reading environment in our school. When students shared what they wanted to read with friends and other classmates, it inspired them to pick up books too. Junior high and high school students have been great role models, especially since they started a book club that younger kids look up to. The fair gives everyone a chance to discover new genres and find what they enjoy most. This year, the selection of junior high books was fantastic, and a lot of students loved them! While the elementary section could have had more variety, the books that were there sold really well. Historical fiction about World War II and 9/11 turned out to be super popular with junior high readers, while younger kids loved the humorous stories.

"I love the family discussion about the child's interests and the debate techniques that they work on together. It's so much fun to watch the family connections as they share reading beyond and school grades and requirements," said Mrs. Moninger

At first, Mrs. Moninger was worried that attendance would be low because the biggest night of the book fair is always the night of parent-teacher conferences, but the family browse night during a volleyball game was a huge hit. One of the highlights was a slime sundae kit that sold out on the first day! To get everyone excited, the school focused on encouraging discussions about books instead of just pushing sales. Plus, students got special time to check out the fair during their library classes, which was really helpful. Thanks to the success of this year's fair, we can buy new book series that students really want, like the NFL series and some more graphic novels.

There's even a spring book fair planned for April 28th to May 2nd, so there's more to look forward to! Overall, this year's book fair was a great way to bring our school community together and celebrate the joy of reading.



Kids Earn Rewards The Easy Way

By: TyLee Smith

"During the quarterly assemblies, students with zero tardies will be put into a pool of names and given the opportunity to potentially win a reward."

- Principle, Ali Goodenow. New rules for attendance were set into place. Once a student has 3 tardies, 2 unexcused absences, or 1 no-call no-show, they will lose off-campus privilege until detention is served. To get their privilege back, they have to do their time within 24 hours of the notice. If you owe more than three tardies, you may lose your off-campus privileges for the rest of the school year duration.

In the past, the policy was the principal would determine how much time would be made up for excessive tardy occurrences. The difference is that there are now a limit on tardies.

We are working on building a optimistic school culture and teaching the kids the importance of dependability and liability. Administrators are hoping that the new rules give kids the motivation to come to school, getting to class, and returning to lunch on time. We are teaching the kids to hold accountability and responsibility.

From the Principal's Desk



Hello APS families! I am not sure how we are already into the month of October, but I have to say that this school year has started off on a great note! I am very excited for this school year and to see the culture and relationships of Arnold Public Schools continue to grow. There are a few changes that we have made this year that I wanted to bring to everyone's attention, so bear with me as I explain what they look like, and what to expect from them.

Morning Meetings: Every morning Monday-Thursday the entire student body, grades K-12 meet together in the gym from 8:03-8:21am. During this time, we do different daily activities that are geared towards positively building the culture of Arnold Public Schools and the relationships between all students. Our Student Council members have been in charge of coming up with activities and have done a wonderful job at leading the students in those activities. Throughout the year we will be focusing on mental health, relationship building, the 8 keys of excellence, team work, communication and problem solving skills. Please see our facebook page for the weekly videos that we post. These videos are a very brief snippet of some of the things we do together in the gym every morning. During our time together in the gym, we also go over any announcements and say the pledge of allegiance in unison, which has shown to be quite powerful. These morning meetings are taking place during what used to be Home Room. Teachers are well aware that if they are needing time for a student to catch up on work from being gone, or needing to hold a student back to retake a test, that they are allowed to use that time whenever they need to.

Growth Cards: All students K-12 have the opportunity to earn growth cards throughout every quarter. There are two different incentive boxes that students can put their growth cards in, to earn a chance of winning one of the incentives. The current incentive choices are a smoothie from Brew Bakers or a grilled steak (cooked by Mr. Morgan) and to eat it at the VIP table in the cafeteria. At the end of each quarter, we will draw winners from each box. There will be six winners from grades K-2nd, six winners from 3rd-5th, and 6 winners from grades 6th-12th. These cards help promote and recognize students when they are caught showing integrity, being kind, being respectful, and being a positive role model. These cards are separate from the Positive Office Referrals that students can still earn as well! Only change to the Positive Office Referrals this year is that once a student has been given a positive office referral, they get to sign my door as well with chalk paint for all students to see.

Home-work Policy: There have been some adjustments to our home-work policy. Teachers are to only assign home-

work that students are to get done in class with the time allotted for them to work on it. If students choose to waste their time during class and not use it wisely to work on the assignments, then there is still a chance that they will have homework after school. When communicating with your children please encourage them to use the time given to them wisely and to stay focused during class time, so that they do not have hours of homework to work on.

Absent Slips: Although this is not a new change, I want to remind all families that when a student is going to be absent, they need to get a make-up slip from the office, and have their teachers fill it out PRIOR to being gone. This holds students accountable in making sure they know what assignments are due for when they come back from their absence. Once the slip is filled out and students know what they are to make up, they are to turn it back into the office to Ms. Heather so we know that they have completed their slips.

Game/Activity Expectations: As fans of Arnold Public Schools and South Loup Athletics, I ask that when you are attending home games/activities OR away games/activities that you please make sure we are being respectful and picking up after ourselves at the end of games/activities. Please double check your areas before you leave and pick up any trash that you or your children may have collected throughout the game/activity. Please remember that we are representing South Loup Athletics, and we are proud to have a positive representation of our school and activities. I also ask that if your students are running around and playing that you please be aware of where they are. If a student from Arnold Public Schools is not acting appropriately or

Principal (Continued)

following expectations, they may be asked to leave the game/activity and depending on the situation, they may not be welcomed back to the following game/activity. All students know my expectations for them during school hours, and those expectations do not change during games or activities.

I continue to thank you all for your support and understanding year to year. I am blessed to be a part of this amazing district and am very excited to see how the students continue to grow throughout this school year and the years to come! Please don't hesitate to reach out to me via email or calling my office if you have any questions or concerns.

Allison Goodenow
Prek-12 Principal
ali.goodenow@arnoldpublicschools.org
308-848-2226 ext. 4

Introducing New Dogs to the Students of Arnold!

By: Rae Hagler

On the morning of September 16, during morning announcements, Superintendent Joel Morgan announced that our school would be given two dogs! Annie the larger 4-year-old Golden Doodle, and Snoopy the 8-12 week old Bernedoodle. Voting names on these dogs was done by all kids Pre-12 to decide the name. Teachers would pass out papers to write down names wanted. The highest-voted name would be chosen for the final round. Then the top names would be decided again. Our concluding name was Snoopy! And this name will stick with the dog forever. These dogs came from Midwest Puppy in Omaha Nebraska. The dogs' purpose is to comfort all children/staff and therapy dogs. Annie was formally a family dog in her hometown. Although they were raised together and look much alike, Annie and Snoopy are unrelated. Because of spending so much time together before being welcomed at Arnold, they get along just like siblings at home. They play fight, chase each other around, and sleep together.

Quoted Joel Morgan, APS Superintendant, "My goal for these dogs in the future is to provide calming and emotional support for students and staff."

Right:
Annie and
Snoopy
have a
comfy bed
behind
Heather's
office and
receive a lot
of love and
attention
whenever
someone
comes to
visit the of-
fice.





Doane University Vocal Festival!

Freshman and Sophomore Singers

By: Danielle Duponcheel, APS
Freshman

The Doane University Freshmore Vocal Festival is a special event for freshman and sophomore singers, organized to give younger vocalists a chance to shine. Started in 2021 by Dr. Kurt Runestad, the festival aims to encourage younger students to stay involved in their school choirs. Many opportunities for high school singers are often reserved for upperclassmen, but Dr. Runestad wanted to make sure younger voices

es were heard too. Students are nominated by their choir directors, so they don't have to go through a stressful audition process. Once selected, students spend a day rehearsing under Dr. Runestad at Doane University. They meet other young singers from across Nebraska—this year, 28 high schools were represented! The students also get to explore the campus, eat at the dining hall, and learn from college music majors. They watch performances by Doane's choirs, such as the Collegiate Choir, the Doublewide Men's group, and the Jazz Unlimited ensembles. They even perform alongside them for one piece during the concert. This year, the students learned and performed two songs in an African language, which became a surprising favorite

for many.

"It was really fun and a very learning experience. We spent the whole day working on the details of the singing, and I think our hard work paid off," said Freshman Delanie Weinman

Events like these are important for our young singers, especially those from small schools. They offer a chance to sing in large groups, work under different directors, and try new musical pieces. The students come back to Arnold with new skills and ideas that enrich our local music program.

"As a director, my favorite part of taking students to these events is getting to work with them through the process, be it learning the music or preparing for and submitting auditions. It is always so much fun to watch them step out of their comfort zones and push themselves to become more confident and well-rounded musicians and performers," said Mrs. Welch.

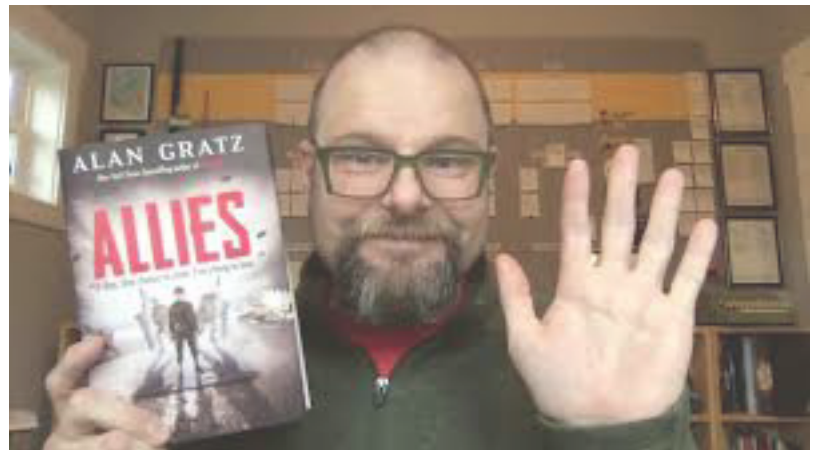
Author Alan Gratz Zoomed With Junior High

By: TyLee Smith

The 6-8th grade was ecstatic when they heard that an author would talk to them. They auctioned off a book titled, "Heros". Ava Bierman won the book. "I felt great when I won the book because he told us it was filled with drama." everyone was excited because they have never met on author.

Mrs. Mongier came about an online flier saying Alan Gratz wanted to zoom middle schoolers. She sign up right away. The middle school loves his books and they sell really good than the book fairs.

"I liked learning about why he writes books."-Carlee Smith On Zoom, he talked about the writing process, and what his book is about, researched, and then answered many questions. Some questions were about what inspired him and why he liked to write. "He was good at being enthusiastic, and inspirational about his books."-Riley Leetch



From the Superintendent's Desk

The school year is off and running and it has been a great start! Kids have been actively involved each and every day. New exterior doors have been installed and installation is nearly complete on our controlled access. We have also started on our new storage building up by the pole vault area at the track. This will give us more storage and allow the possibility of revamping the existing building to improve our spectator experience.

As we get settled into the school year, you may have certain questions that come up. When that happens, please speak directly with the staff member involved. This will ensure that we avoid any miscommunications while also giving a prompt response to any questions or concerns you may have.

If you have a chance be sure and come on over and see our kids involved in multiple activities. The fall sports season is in full swing and One Act is gearing up for another year of competition. Please be sure and follow our Facebook page and check out our calendar on the school website for activities and changes along the way.

Superintendent Joel Morgan



2024/2025 ACT TEST DATES

SEPT

14 - Test

Early Aug 9
Late Aug 25

OCT

26- Test

Early Sept 20
Late Oct 7

DEC

14-Test

Early Nov 8
Late Nov 22

FEB

8-Test

Early Jan 3 Late Jan
31

APR

5 - Test

Early Feb 28
Late Mar 28

JUNE

14-Test

Early May 9
Late June 6

TEAMMATES
MENTORING

Mentors Needed

PowerSchool App

Available

In the App Store if you search for the Powerschool app, you will find

a quick and easy way to access your student's grades with your mobile phone.

- Simply download the free app. It will ask you for your District Code (a 4 digit code) immediately. The code for Arnold Public School is:

• SNPX

- Then you can use your regular username and password from last year. If you are unable to remember your password, then please contact Heather at the school office by phone 308-848-2226.

11 New Friends!

By: Angel Mills

We are so happy to be welcoming 11 new kids to our school in the last few years. This year was the most kids we have had join our school in 10-plus years. Each one of them is special and is making Arnold's schools a fun place to be!

SARAH LATIEGUE;

Senior
She is from Heidelberg, Germany. She likes that people are more open and start conversations. She said it is different that teachers here decorate the classrooms and make them feel welcome!

MADDIE LOGSDON; Junior
Maddie is from North Scott Iowa. She likes how interactive and supporting the community is, she feels that it is easier to get to know people with such an interactive community. She also likes the smaller school!

JADEN BAKER; Freshman
Jaden went to Arnold Public Schools in 2nd-3rd grade then moved to Gothenburg. He then



Above **Front:** Jaden Busch, Freshman; Josie Wilson, 1st Grade; Andy Razo, 1st Grade; Jae'lynn Eastman, 2nd Grade; Ashlynn Wilson, 2nd Grade; Anthony Razo, 1st Grade; **Back:** Harley Payne, 3rd Grade; Maddie Logsdon, Junior, Chauncey Payne, 4th grade; Jensen Kulp, 6th Grade; Sarah Latiegue, Senior.

returned to Arnold where his mom is the music teacher. He likes that he gets to see his old friends and off-campus lunch.

JENSEN KULP; 6th Grade
Jensen previously went to school in Stapleton, now that he goes to school in Arnold he likes that he gets to see his family and gets to play instruments in music.
CHAUNCEY 4th Grade and **HARLEY PAYNE;** 3rd Grade
These two brothers both previously went to school in North Platte, they like that they have smaller classes and get to play games in the morning.

ASHLYNN WILSON; 2nd Grade

Ashlynn moved to Arnold from Callaway, she likes that they have the walking club in the morning. she also likes the activities they do in the classroom.

JAE'LYNN EASTMAN; 2nd Grade
Jae'lynn went to school in Loup City before joining Arnold Schools. She likes that she has new friends and finds it easy to make them.

She said she also likes that the school is bigger and that she enjoys doing math.

JOSIE WILSON; 1st Grade
Josie went to school in Callaway before joining Arnold Schools, she likes science and the equipment on the playground.

ANTHONY RAZO; 1st Grade
Anthony moved to Arnold from Callaway. He likes the kids here and gets to do PE with the kindergartners.

ANDY RAZO; 1st Grade
Andy moved to Arnold from Callaway, He liked that they got to eat in the cafeteria and walking club in the morning.



Arnold Public Schools

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8 Keys of Success



Demonstrate your positive personal values in all you do and say. Be sincere and real.



View failures as feedback providing the necessary information to learn, grow, and succeed.



Think before you speak. Make sure you're positive and your words are sincere.



Focus your attention on the moment. Always have a positive attitude.



Take positive action. Follow your vision without wavering.



Be responsible for your thoughts, feelings, words, and actions. Possess the choices you make and the results that follow.



Recognize what's not working and be willing to change what you're doing to achieve your goal.



Be mindful of self and others while focusing on what's meaningful in your life. Happiness and fulfillment come when your mind, body, and emotions are supported by your choices.

