

# 2024 OCTOBER

## ARNOLD PUBLIC SCHOOLS

### MONDAY

### TUESDAY

### WEDNESDAY

### THURSDAY

### FRIDAY

**Breakfast Includes:** Orange Juice, Milk, Water, Yogurt, Fruit, and Cheese Stick every day.

**Lunch Includes:** Vegetable, Fruit, Salad Bar, Water, and Milk every day.

1

B: Breakfast Pizza  
L: Meatloaf and T-Roll

2

B: Hashbrowns and Sausage  
L: Ham Slices, and Cheesy Potatoes

3

B: Pancake on a Stick  
L: Super Nacho, Cinnamon Roll

4

B: Cinnamon Roll  
L: Sandwich

7

No K-6  
B: Breakfast Burrito  
L: Chicken Patty on a Bun

8

B: Combo Bar  
L: Taco

9

B: French Toast  
L: Lasagna and Breadstick

10

B: Tornado  
L: Creamed Chicken and Biscuit

11

B: Biscuit and Gravy  
L: Pizza

14

B: Eggs  
L: Hamburgers By Mr. Morgan

15

B: Pancake  
L: Chicken Fajita

16

B: Combo Bar  
L: Burrito and Chips  
2:40 Out

17

B: Oatmeal  
L: Goulash and T-Roll

18

B: Donut  
L: Chrispitos

21

B: Waffle  
L: Pulled Pork Nacho

22

B: Combo Bar  
L: Taco

23

B: Hashbrowns and Sausage  
L: Tater Tot Casserole

24

B: Biscuits and Gravy  
L: Corn Dog  
2:40 out

25

No School

28

B: Tornado  
L: Redi Rib on a Bun

29

B: Pancake on a Stick  
L: Spaghetti and Garlic Toast

30

B: Eggs and Bacon  
L: Sweet and Sour Chicken with Rice

31

B: Combo Bar  
L: Salisbury Steak and T-Roll

**Breakfast:** Adults:\$2.75  
**Grab and Go:** \$0.45 - \$0.65  
**Lunch Adults:** \$4.65  
**Ala Carte Choices by Students:** \$0.40-\$2.50